

Mildenhall Long Distance & 200m Club Championships - 2024

4ER241506 / 4ER241671 / 4ER241672 / 4ER241673 / 4ER241674

Event 101 Girls 13 & Over 200 SC Meter Butterfly

13 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Gracie-Mai Lloyd	14	Mildenhall & District SC	4:04.00	4:00.20

Event 101 Boys 13 & Over 200 SC Meter Butterfly

13 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	17	Mildenhall & District SC	2:45.11	2:37.24
2	Kieron Alderson	14	Mildenhall & District SC	3:05.22	3:03.29
3	Rob Garry	60	Mildenhall & District SC	5:23.63	5:53.32

Event 102 Girls 13 & Over 400 SC Meter IM

15 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Polly Jackson	11	Mildenhall & District SC	NT	6:57.80
2	Sophia Andrews	11	Mildenhall & District SC	NT	7:41.90
3	Lyla Hill	11	Mildenhall & District SC	NT	7:51.77

Event 102 Girls 13 & Over 400 SC Meter IM

15 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Phoebe Mallen	18	Mildenhall & District SC	NT	6:33.90
2	Eden Benion	15	Mildenhall & District SC	7:08.84	6:46.89
3	Gracie-Mai Lloyd	14	Mildenhall & District SC	7:57.81	7:13.11

Event 102 Boys 12 & Under 400 SC Meter IM

15 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Elliott Lloyd	12	Mildenhall & District SC	NT	8:36.26

Event 102 Boys 13 & Over 400 SC Meter IM

15 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	17	Mildenhall & District SC	5:26.57	5:22.33
2	Kieron Alderson	14	Mildenhall & District SC	6:50.74	6:16.98
3	Rob Garry	60	Mildenhall & District SC	8:57.44	8:51.89

Event 103 Girls 12 & Under 200 SC Meter Backstroke

20 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Polly Jackson	11	Mildenhall & District SC	NT	3:16.11
2	Sapphire Desouza-Holwill	12	Mildenhall & District SC	3:53.99	3:37.16
3	Lyla Hill	11	Mildenhall & District SC	NT	3:37.16
4	Emily Smith	12	Mildenhall & District SC	NT	3:51.04
5	Poppy Richardson	10	Mildenhall & District SC	NT	4:16.06
6	Adriana Morrison	12	Mildenhall & District SC	NT	4:17.49

Event 103 Girls 13 & Over 200 SC Meter Backstroke

20 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Eden Benion	15	Mildenhall & District SC	3:11.17	3:05.13
2	Katie Richardson	40	Mildenhall & District SC	3:11.48	3:15.09
3	Gracie-Mai Lloyd	14	Mildenhall & District SC	3:37.38	3:27.80
4	Jane Smith	60	Mildenhall & District SC	3:46.40	3:53.75
5	Jeannie Morley	68	Mildenhall & District SC	4:26.66	4:35.75

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Event 103 Boys 12 & Under 200 SC Meter Backstroke

20 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Elliott Lloyd	12	Mildenhall & District SC	NT	3:40.53
2	Finley Crichton	9	Mildenhall & District SC	NT	3:48.63

Event 103 Boys 13 & Over 200 SC Meter Backstroke

20 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	17	Mildenhall & District SC	2:27.38	2:22.23
2	Miko Poplawski	15	Mildenhall & District SC	2:45.98	2:36.06
3	Kieron Alderson	14	Mildenhall & District SC	3:03.89	2:49.19
4	George Richardson	13	Mildenhall & District SC	3:13.31	3:00.97
5	Shaw Wilson	13	Mildenhall & District SC	NT	3:53.98
6	Rob Garry	60	Mildenhall & District SC	3:55.23	4:02.64

Event 104 Girls 12 & Under 200 SC Meter Breaststroke

27 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Polly Jackson	11	Mildenhall & District SC	NT	3:39.83
2	Sophia Andrews	11	Mildenhall & District SC	NT	3:55.85
3	Lyla Hill	11	Mildenhall & District SC	NT	3:56.04
4	Emily Smith	12	Mildenhall & District SC	NT	4:17.75
5	Adriana Morrison	12	Mildenhall & District SC	NT	4:32.14

Event 104 Girls 13 & Over 200 SC Meter Breaststroke

27 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Phoebe Mallen	0	Mildenhall & District SC	3:19.97	3:20.73
2	Eden Benion	0	Mildenhall & District SC	3:26.88	3:24.05
3	Gracie-Mai Lloyd	0	Mildenhall & District SC	3:44.42	3:33.13

Event 104 Boys 12 & Under 200 SC Meter Breaststroke

27 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Karol Poplawski	0	Mildenhall & District SC	NT	3:50.24
2	Elliott Lloyd	0	Mildenhall & District SC	4:20.25	4:11.64
3	Finley Crichton	0	Mildenhall & District SC	NT	5:00.19

Event 104 Boys 13 & Over 200 SC Meter Breaststroke

27 September 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	James Shipp	0	Mildenhall & District SC	2:46.76	2:49.62
2	Miko Poplawski	0	Mildenhall & District SC	3:07.28	2:58.62
3	George Richardson	0	Mildenhall & District SC	4:12.46	3:32.96
4	Rob Garry	0	Mildenhall & District SC	4:34.28	4:34.18
5	John Browne	0	Mildenhall & District SC	4:36.58	4:45.47

Mildenhall Long Distance & 200m Club Championships - 2024

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Event 105 Girls 12 & Under 200 SC Meter Freestyle

04 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Polly Jackson	11	Mildenhall & District SC	2:56.35	2:54.65
2	Sophia Andrews	11	Mildenhall & District SC	2:55.41	2:55.37
3	Lyla Hill	11	Mildenhall & District SC	3:25.12	3:11.92
4	Sapphire Desouza-Holwill	12	Mildenhall & District SC	3:32.90	3:12.09
5	Emily Smith	12	Mildenhall & District SC	4:11.39	3:28.66
6	Emma Barrett	12	Mildenhall & District SC	4:19.35	3:31.28
7	Elysia Jackson	11	Mildenhall & District SC	NT	3:31.42
8	Ella Baxter	12	Mildenhall & District SC	NT	3:31.99
9	Lilly Bird	12	Mildenhall & District SC	NT	3:35.56
10	Adriana Morrison	12	Mildenhall & District SC	4:20.80	3:55.10
11	Poppy Richardson	10	Mildenhall & District SC	NT	3:55.39
12	Georgia Bailey	10	Mildenhall & District SC	NT	3:57.99
13	Amelia Larkin	9	Mildenhall & District SC	NT	4:09.84

Event 105 Girls 13 & Over 200 SC Meter Freestyle

04 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Phoebe Mallen	18	Mildenhall & District SC	2:33.61	2:39.08
2	Eden Benion	15	Mildenhall & District SC	2:45.20	2:43.55
3	Jane Smith	60	Mildenhall & District SC	3:19.13	3:29.66

Event 105 Boys 12 & Under 200 SC Meter Freestyle

04 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Karol Poplawski	12	Mildenhall & District SC	3:48.62	3:17.22
2	Seb Cash	11	Mildenhall & District SC	NT	3:23.43
3	Finley Crichton	9	Mildenhall & District SC	5:35.28	3:23.55
4	Bobby Hickman	12	Mildenhall & District SC	NT	3:32.90
5	William Onslow	10	Mildenhall & District SC	NT	3:51.16
6	Charlie Madine	11	Mildenhall & District SC	NT	3:57.79
7	Michael Morrison	10	Mildenhall & District SC	NT	4:15.55

Event 105 Boys 13 & Over 200 SC Meter Freestyle

04 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	17	Mildenhall & District SC	2:16.15	2:12.53
2	Miko Poplawski	15	Mildenhall & District SC	2:25.68	2:14.53
3	Kieron Alderson	14	Mildenhall & District SC	2:30.54	2:32.78
4	George Richardson	13	Mildenhall & District SC	3:05.66	2:45.20
5	Rob Garry	60	Mildenhall & District SC	3:16.10	3:17.81
6	River Robinson	15	Mildenhall & District SC	NT	3:23.04
7	Shaw Wilson	13	Mildenhall & District SC	3:33.58	3:34.41
8	John Browne	66	Mildenhall & District SC	3:56.84	4:02.50

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Event 106 Girls 12 & Under 1500 SC Meter Freestyle

06 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Polly Jackson	11	Mildenhall & District SC	NT	25:34.50
2	Sophia Andrews	11	Mildenhall & District SC	NT	26:19.07
3	Lyla Hill	11	Mildenhall & District SC	NT	27:41.11
4	Emily Smith	12	Mildenhall & District SC	NT	30:38.24
5	Adriana Morrison	12	Mildenhall & District SC	NT	32:40.47

Event 106 Girls 13 & Over 1500 SC Meter Freestyle

06 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Eden Benion	15	Mildenhall & District SC	23:59.86	22:58.71
2	Phoebe Mallen	18	Mildenhall & District SC	22:17.18	23:15.37
3	Jane Smith	60	Mildenhall & District SC	27:53.18	28:28.10
4	Jeannie Morley	68	Mildenhall & District SC	32:50.51	32:31.97

Event 106 Boys 12 & Under 1500 SC Meter Freestyle

06 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Karol Poplawski	12	Mildenhall & District SC	NT	30:17.05

Event 106 Boys 13 & Over 1500 SC Meter Freestyle

06 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	17	Mildenhall & District SC	20:29.79	19:37.20
2	Miko Poplawski	15	Mildenhall & District SC	21:53.90	21:11.86
3	Rob Garry	60	Mildenhall & District SC	29:00.12	28:24.12
4	John Browne	66	Mildenhall & District SC	32:36.59	33:36.25
---	Kieron Alderson	14	Mildenhall & District SC	21:36.40	DQ
10.2 Did not complete the whole distance					

Event 107 Girls 12 & Under 400 SC Meter Freestyle

11 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Polly Jackson	11	Mildenhall & District SC	7:50.47	5:59.54
2	Lyla Hill	11	Mildenhall & District SC	8:05.11	6:38.25
3	Emily Smith	12	Mildenhall & District SC	8:52.58	7:28.20
4	Lilly Bird	12	Mildenhall & District SC	NT	7:52.13
5	Emma Barrett	12	Mildenhall & District SC	10:59.00	7:57.85
6	Adriana Morrison	12	Mildenhall & District SC	9:17.51	7:58.43
7	Poppy Richardson	10	Mildenhall & District SC	NT	8:18.15
8	Georgia Bailey	10	Mildenhall & District SC	NT	8:29.38
9	Amelia Larkin	9	Mildenhall & District SC	NT	8:34.62

Event 107 Girls 13 & Over 400 SC Meter Freestyle

11 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Eden Benion	15	Mildenhall & District SC	5:53.20	5:41.83
2	Gracie-Mai Lloyd	14	Mildenhall & District SC	NT	6:54.49
3	Jane Smith	60	Mildenhall & District SC	7:04.84	7:17.86
4	Jeannie Morley	68	Mildenhall & District SC	8:19.23	8:30.95

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Event 107 Boys 12 & Under 400 SC Meter Freestyle

11 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Finley Crichton	9	Mildenhall & District SC	11:30.00	7:11.26
2	Seb Cash	11	Mildenhall & District SC	NT	7:12.52
3	Elliott Lloyd	12	Mildenhall & District SC	8:49.37	7:48.91
4	Bobby Hickman	12	Mildenhall & District SC	NT	8:08.47
5	William Onslow	10	Mildenhall & District SC	NT	8:15.55
6	Michael Morrison	10	Mildenhall & District SC	NT	8:52.29

Event 107 Boys 13 & Over 400 SC Meter Freestyle

11 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	17	Mildenhall & District SC	5:02.50	4:47.19
2	Miko Poplawski	15	Mildenhall & District SC	5:19.62	5:02.84
3	Kieron Alderson	14	Mildenhall & District SC	5:40.41	5:16.11
4	George Richardson	13	Mildenhall & District SC	6:40.06	6:00.66
5	Rob Garry	60	Mildenhall & District SC	7:02.25	6:55.34

Event 108 Girls 12 & Under 800 SC Meter Freestyle

13 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Polly Jackson	11	Mildenhall & District SC	NT	12:40.26
2	Lyla Hill	11	Mildenhall & District SC	NT	14:00.25
3	Emily Smith	12	Mildenhall & District SC	NT	15:13.63
4	Adriana Morrison	12	Mildenhall & District SC	NT	16:53.89

Event 108 Girls 13 & Over 800 SC Meter Freestyle

13 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Eden Benion	15	Mildenhall & District SC	12:08.51	11:59.55
2	Gracie-Mai Lloyd	14	Mildenhall & District SC	NT	14:21.83
3	Jane Smith	60	Mildenhall & District SC	14:37.42	14:52.12
4	Jeannie Morley	68	Mildenhall & District SC	16:48.61	16:51.84

Event 108 Boys 12 & Under 800 SC Meter Freestyle

13 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Finley Crichton	9	Mildenhall & District SC	NT	15:13.02
2	Elliott Lloyd	12	Mildenhall & District SC	NT	15:13.66

Event 108 Boys 13 & Over 800 SC Meter Freestyle

13 October 2024

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Kieron Alderson	14	Mildenhall & District SC	11:23.05	11:01.71
2	Tyler Baxter	17	Mildenhall & District SC	10:39.74	11:27.41
3	Miko Poplawski	15	Mildenhall & District SC	12:38.17	11:42.76
4	George Richardson	13	Mildenhall & District SC	13:39.06	12:35.25
5	Rob Garry	60	Mildenhall & District SC	14:38.05	14:40.46