

Mildenhall &amp; District Swimming Club

**Main Club Championships -2024  
Results – Day 1**

**Event 201 Girls 9 & Under 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Amelia Larkin	9	Mildenhall & District SC	51.47	48.54
2 Niamh Desouza-Holwill	8	Mildenhall & District SC	NT	1:20.00

**Event 201 Girls 10-11 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Polly Jackson	11	Mildenhall & District SC	37.00	36.52
2 Elysia Jackson	11	Mildenhall & District SC	44.54	37.40
3 Poppy Richardson	10	Mildenhall & District SC	44.77	43.22
4 Georgia Bailey	10	Mildenhall & District SC	43.44	47.39
5 Luna Newson	10	Mildenhall & District SC	NT	48.46
6 Natalie Moore	11	Mildenhall & District SC	NT	59.51
7 Sophia Kitson	10	Mildenhall & District SC	NT	1:08.18

**Event 201 Girls 12-13 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Michelle Agada	13	Mildenhall & District SC	39.46	39.43
2 Sapphire Desouza-Holwill	12	Mildenhall & District SC	40.72	40.12
3 Megan Scott	12	Mildenhall & District SC	43.17	40.64
4 Lilly Bird	12	Mildenhall & District SC	46.07	40.88
5 Ella Baxter	12	Mildenhall & District SC	40.27	41.58
6 Emily Smith	12	Mildenhall & District SC	40.74	41.99
7 Abi Chaplin	13	Mildenhall & District SC	NT	42.02
8 Emma Barrett	12	Mildenhall & District SC	43.66	42.58
9 Adriana Morrison	12	Mildenhall & District SC	44.53	45.25

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**Event 201 Women 14-15 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Eden Benion	15	Mildenhall & District SC	33.99	33.72

**Event 201 Women 16 & Over 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Katie Richardson	40	Mildenhall & District SC	34.11	34.35
2 Jane Smith	60	Mildenhall & District SC	41.45	43.18

**Event 201 Boys 9 & Under 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Finley Crichton	9	Mildenhall & District SC	40.60	37.69
2 Callum Keane	9	Mildenhall & District SC	51.55	50.94
3 Archie Morley	9	Mildenhall & District SC	NT	57.33
4 Sam Goldstone	9	Mildenhall & District SC	NT	1:04.84
5 Ralph Madine	8	Mildenhall & District SC	NT	1:07.90
6 Michael Mutter	9	Mildenhall & District SC	NT	1:15.49

**Event 201 Boys 10-11 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Seb Cash	11	Mildenhall & District SC	41.18	38.18
2 Charlie Madine	11	Mildenhall & District SC	50.16	44.02
3 William Onslow	10	Mildenhall & District SC	49.92	44.48
4 Michael Morrison	10	Mildenhall & District SC	46.34	48.12
5 Freddie Swanson	10	Mildenhall & District SC	1:04.82	1:00.78
6 Filip Skorek	11	Mildenhall & District SC	NT	1:12.57
7 George Barrett	10	Mildenhall & District SC	NT	1:17.05

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**Event 201 Boys 12-13 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 George Richardson	13	Mildenhall & District SC	33.63	32.73
2 Karol Poplawski	12	Mildenhall & District SC	37.82	37.04
3 Shaw Wilson	13	Mildenhall & District SC	44.31	39.11
4 Elliott Lloyd	12	Mildenhall & District SC	39.92	40.57
5 Henry Bird	13	Mildenhall & District SC	NT	57.74

**Event 201 Men 14-15 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Miko Poplawski	15	Mildenhall & District SC	26.81	26.75
2 Kieron Alderson	14	Mildenhall & District SC	32.59	31.48

**Event 201 Men 16 & Over 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Tyler Baxter	17	Mildenhall & District SC	26.59	26.40
2 Oliver Misiaszek	17	Mildenhall & District SC	28.56	27.53
3 Rob Garry	60	Mildenhall & District SC	39.31	39.20
4 John Browne	66	Mildenhall & District SC	48.21	52.19

**Event 202 Girls 9 & Under 25 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Amelia Larkin	9	Mildenhall & District SC	NT	31.33
--- Hayley Moore	9	Mildenhall & District SC	NT	DQ
7.3 Hands brought back beyond the hip line during stroke				
--- Francesca Onslow	7	Mildenhall & District SC	NT	DQ
7.3 Hands brought back beyond the hip line during stroke				

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**Event 202 Boys 9 & Under 25 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Finley Crichton	9	Mildenhall & District SC	38.11	28.84
2 Callum Keane	9	Mildenhall & District SC	NT	31.64
--- Hugo Turner 7.3 Hands brought back beyond the hip line during stroke	9	Mildenhall & District SC	NT	DQ
--- Ralph Madine 7.3 Hands brought back beyond the hip line during stroke	8	Mildenhall & District SC	NT	DQ
--- Sam Goldstone 7.3 Hands brought back beyond the hip line during stroke	9	Mildenhall & District SC	NT	DQ
--- Archie Morley 7.3 Hands brought back beyond the hip line during stroke	9	Mildenhall & District SC	NT	DQ
--- Michael Mutter 7.2 Arm movements not simultaneous	9	Mildenhall & District SC	NT	DQ

**Event 203 Girls 10-11 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Polly Jackson	11	Mildenhall & District SC	NT	1:29.89
2 Sophia Andrews	11	Mildenhall & District SC	1:33.07	1:34.20
3 Elysia Jackson	11	Mildenhall & District SC	NT	1:41.62
4 Poppy Richardson	10	Mildenhall & District SC	1:55.15	1:49.11
5 Georgia Bailey	10	Mildenhall & District SC	NT	1:55.50
6 Luna Newson	10	Mildenhall & District SC	NT	1:59.77
7 Natalie Moore	11	Mildenhall & District SC	NT	2:33.03
8 Sophia Kitson	10	Mildenhall & District SC	NT	2:40.36

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**Event 203 Girls 12-13 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Sapphire Desouza-Holwill	12	Mildenhall & District SC	1:51.43	1:43.36
2 Michelle Agada	13	Mildenhall & District SC	NT	1:44.26
3 Emily Smith	12	Mildenhall & District SC	1:51.23	1:44.48
4 Emma Barrett	12	Mildenhall & District SC	1:52.58	1:50.20
5 Lilly Bird	12	Mildenhall & District SC	NT	1:55.08
--- Ella Baxter	12	Mildenhall & District SC	1:52.19	DQ
6.4 Turn not initiated at completion of the arm pull after leaving position on the back				

**Event 203 Women 14-15 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Eden Benion	15	Mildenhall & District SC	1:30.15	1:27.04

**Event 203 Women 16 & Over 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Katie Richardson	40	Mildenhall & District SC	1:28.90	1:29.51
2 Jane Smith	60	Mildenhall & District SC	1:48.00	1:49.44

**Event 203 Boys 10-11 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Seb Cash	11	Mildenhall & District SC	NT	1:49.03
2 William Onslow	10	Mildenhall & District SC	NT	1:54.73
3 Michael Morrison	10	Mildenhall & District SC	NT	2:08.90
4 Freddie Swanson	10	Mildenhall & District SC	NT	2:08.92
5 Filip Skorek	11	Mildenhall & District SC	NT	2:47.53

**Event 203 Boys 12-13 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 George Richardson	13	Mildenhall & District SC	1:25.69	1:25.23
2 Shaw Wilson	13	Mildenhall & District SC	1:40.43	1:45.28
3 Elliott Lloyd	12	Mildenhall & District SC	1:59.79	1:47.29

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**Event 203 Men 14-15 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Miko Poplawski	15	Mildenhall & District SC	1:09.70	1:09.42
2 Kieron Alderson	14	Mildenhall & District SC	1:22.84	1:18.83

**Event 203 Men 16 & Over 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Tyler Baxter	17	Mildenhall & District SC	1:05.73	1:04.89
2 Oliver Misiaszek	17	Mildenhall & District SC	1:17.03	1:15.36
3 Rob Garry	60	Mildenhall & District SC	1:49.56	1:53.57

**Event 204 Girls 10-11 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Polly Jackson	11	Mildenhall & District SC	41.70	44.69
2 Sophia Andrews	11	Mildenhall & District SC	44.86	46.38
3 Poppy Richardson	10	Mildenhall & District SC	1:22.11	58.53

**Event 204 Girls 12-13 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Sapphire Desouza-Holwill	12	Mildenhall & District SC	46.47	48.05
2 Megan Scott	12	Mildenhall & District SC	NT	49.39
3 Emma Barrett	12	Mildenhall & District SC	NT	54.72
4 Adriana Morrison	12	Mildenhall & District SC	56.42	57.70
--- Emily Smith	12	Mildenhall & District SC	48.87	DQ
8.2 Arms not brought forward simultaneously over the water				

**Event 204 Women 14-15 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Eden Benion	15	Mildenhall & District SC	43.83	41.91

**Event 204 Women 16 & Over 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Katie Richardson	40	Mildenhall & District SC	37.79	37.73
2 Jane Smith	60	Mildenhall & District SC	1:00.00	57.25

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**Event 204 Boys 9 & Under 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Finley Crichton	9	Mildenhall & District SC	54.19	51.81

**Event 204 Boys 10-11 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Charlie Madine	11	Mildenhall & District SC	NT	1:03.64

**Event 204 Boys 12-13 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 George Richardson	13	Mildenhall & District SC	38.10	39.35
2 Karol Poplawski	12	Mildenhall & District SC	44.12	47.38
3 Elliott Lloyd	12	Mildenhall & District SC	50.29	53.83

**Event 204 Men 14-15 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Miko Poplawski	15	Mildenhall & District SC	32.21	30.89
2 Kieron Alderson	14	Mildenhall & District SC	34.24	34.88

**Event 204 Men 16 & Over 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Tyler Baxter	17	Mildenhall & District SC	28.56	29.24
2 Oliver Misiaszek	17	Mildenhall & District SC	32.86	30.52
3 Rob Garry	60	Mildenhall & District SC	58.26	56.36

**Event 205 Girls 8 & Under 25 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Francesca Onslow	7	Mildenhall & District SC	46.90	27.81
2 Niamh Desouza-Holwill	8	Mildenhall & District SC	NT	35.40

**Event 205 Girls 9 Year Olds 25 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Amelia Larkin	9	Mildenhall & District SC	NT	22.44
2 Hayley Moore	9	Mildenhall & District SC	NT	26.72

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**Event 205 Boys 8 & Under 25 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Ralph Madine	8	Mildenhall & District SC	NT	29.38
2 Luca Riggi	8	Mildenhall & District SC	NT	34.79
3 Jacob Hales	8	Mildenhall & District SC	NT	44.94

**Event 205 Boys 9 Year Olds 25 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Finley Crichton	9	Mildenhall & District SC	24.06	18.39
2 Hugo Turner	9	Mildenhall & District SC	26.62	20.98
3 Callum Keane	9	Mildenhall & District SC	27.21	22.71
4 Archie Morley	9	Mildenhall & District SC	26.96	23.18
5 Sam Goldstone	9	Mildenhall & District SC	NT	25.43
6 Michael Mutter	9	Mildenhall & District SC	35.40	29.64

**Event 206 Girls 10-11 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Polly Jackson	11	Mildenhall & District SC	1:41.94	1:39.33
2 Sophia Andrews	11	Mildenhall & District SC	2:03.23	1:56.57
3 Georgia Bailey	10	Mildenhall & District SC	NT	2:06.96
--- Natalie Moore	11	Mildenhall & District SC	NT	DQ
7.3 Hands brought back beyond the hip line during stroke				
--- Luna Newson	10	Mildenhall & District SC	NT	DQ
7.1 More than one butterfly kick prior to first breaststroke kick after the start or turn				



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**Event 206 Girls 12-13 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Sapphire Desouza-Holwill	12	Mildenhall & District SC	1:47.02	1:49.67
2 Emma Barrett	12	Mildenhall & District SC	1:55.58	1:53.29
3 Michelle Agada	13	Mildenhall & District SC	NT	1:55.38
4 Megan Scott	12	Mildenhall & District SC	2:09.08	1:58.47
5 Ella Baxter	12	Mildenhall & District SC	NT	2:04.12
6 Adriana Morrison	12	Mildenhall & District SC	2:10.06	2:04.63
7 Emily Smith	12	Mildenhall & District SC	2:05.07	2:06.60

**Event 206 Women 14-15 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Eden Benion	15	Mildenhall & District SC	1:34.45	1:34.39

**Event 206 Boys 10-11 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Ryan Ponsford	11	Mildenhall & District SC	NT	2:12.61
--- Filip Skorek 7.5 Feet not turned out during propulsive part of the kick	11	Mildenhall & District SC	NT	DQ

**Event 206 Boys 12-13 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 George Richardson	13	Mildenhall & District SC	1:44.05	1:40.76
2 Karol Poplawski	12	Mildenhall & District SC	1:46.25	1:43.23
3 Elliott Lloyd	12	Mildenhall & District SC	2:04.07	1:59.72

**Event 206 Men 14-15 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Miko Poplawski	15	Mildenhall & District SC	1:19.28	1:19.10

**Main Club Championships -2024  
Results - Day 1****Event 206 Men 16 & Over 100 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1 Tyler Baxter	17	Mildenhall & District SC	1:31.82	1:15.85
2 Oliver Misiaszek	17	Mildenhall & District SC	1:26.46	1:21.80
3 Rob Garry	60	Mildenhall & District SC	2:02.69	2:07.70
4 John Browne	66	Mildenhall & District SC	2:10.60	2:13.89