

Mildenhall &amp; District Swimming Club

**Main Club Championships -2024**  
**Results – Day 2**

**Event 307 Girls 9 & Under 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Francesca Onslow	7	Mildenhall & District SC	1:25.06	1:04.43
2 Hayley Moore	9	Mildenhall & District SC	1:25.04	1:05.76
3 Evie Roberson	8	Mildenhall & District SC	1:40.00	1:12.03

**Event 307 Girls 10-11 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Polly Jackson	11	Mildenhall & District SC	42.73	41.16
2 Sophia Andrews	11	Mildenhall & District SC	44.46	43.09
3 Lyla Hill	11	Mildenhall & District SC	45.30	44.23
4 Elysia Jackson	11	Mildenhall & District SC	47.51	46.12
5 Poppy Richardson	10	Mildenhall & District SC	47.59	48.21
6 Elisabetta Scotto Di Marrazzo	11	Mildenhall & District SC	59.12	49.61
7 Georgia Bailey	10	Mildenhall & District SC	51.53	51.18
8 Luna Newson	10	Mildenhall & District SC	59.51	59.08
9 Natalie Moore	11	Mildenhall & District SC	1:25.00	1:02.54
--- Sophia Kitson 10.7 Pulled on the lane rope	10	Mildenhall & District SC	1:25.02	DQ

**Event 307 Girls 12-13 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Emily Smith	12	Mildenhall & District SC	46.01	47.42
2 Sapphire Desouza-Holwill	12	Mildenhall & District SC	46.78	48.28
3 Lilly Bird	12	Mildenhall & District SC	59.50	50.43
4 Adriana Morrison	12	Mildenhall & District SC	57.11	52.23
5 Emma Barrett	12	Mildenhall & District SC	50.53	52.24

Mildenhall &amp; District Swimming Club

**Main Club Championships -2024**  
**Results – Day 2**

<b>Event 307 Women 14-15 50 SC Meter Backstroke</b>				
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1 Eden Benion	15	Mildenhall & District SC	41.89	40.81
2 Gracie-Mai Lloyd	14	Mildenhall & District SC	43.86	44.46
<b>Event 307 Women 16 &amp; Over 50 SC Meter Backstroke</b>				
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1 Katie Richardson	40	Mildenhall & District SC	41.18	40.84
2 Jane Smith	60	Mildenhall & District SC	48.72	51.00
3 Jeannie Morley	68	Mildenhall & District SC	56.28	57.80
<b>Event 307 Boys 9 &amp; Under 50 SC Meter Backstroke</b>				
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1 Finley Crichton	9	Mildenhall & District SC	51.85	46.03
2 Archie Morley	9	Mildenhall & District SC	1:05.01	59.47
3 Ralph Madine	8	Mildenhall & District SC	1:25.05	1:00.23
4 Sam Goldstone	9	Mildenhall & District SC	1:18.27	1:02.34
<b>Event 307 Boys 10-11 50 SC Meter Backstroke</b>				
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1 Seb Cash	11	Mildenhall & District SC	51.00	47.71
2 William Onslow	10	Mildenhall & District SC	56.06	51.02
3 Charlie Madine	11	Mildenhall & District SC	53.92	53.22
4 Michael Morrison	10	Mildenhall & District SC	54.31	58.28
5 George Barrett	10	Mildenhall & District SC	1:25.03	1:08.48
<b>Event 307 Boys 12-13 50 SC Meter Backstroke</b>				
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1 George Richardson	13	Mildenhall & District SC	39.13	39.69
2 Elliott Lloyd	12	Mildenhall & District SC	47.21	47.11
3 Harrison Sainsbury	12	Mildenhall & District SC	48.15	49.17

Mildenhall &amp; District Swimming Club

**Main Club Championships -2024**  
**Results – Day 2**

**Event 307 Men 14-15 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Miko Poplawski	15	Mildenhall & District SC	31.63	31.26
2 Kieron Alderson	14	Mildenhall & District SC	37.28	36.93

**Event 307 Men 16 & Over 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Tyler Baxter	17	Mildenhall & District SC	29.59	30.28
2 Oliver Misiaszek	17	Mildenhall & District SC	35.30	35.41
3 Rob Garry	60	Mildenhall & District SC	49.46	50.94

**Event 308 Girls 9 & Under 25 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Amelia Larkin	9	Mildenhall & District SC	41.83	31.43
2 Francesca Onslow	7	Mildenhall & District SC	50.03	35.35

**Event 308 Boys 9 & Under 25 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Finley Crichton	9	Mildenhall & District SC	24.28	22.81
2 Hugo Turner	9	Mildenhall & District SC	50.00	31.87
3 Ralph Madine	8	Mildenhall & District SC	50.02	33.30
4 Grayson King	8	Mildenhall & District SC	59.00	33.58
5 Archie Morley	9	Mildenhall & District SC	45.00	35.03
6 Patrick Lenihan	9	Mildenhall & District SC	39.98	39.89

Mildenhall &amp; District Swimming Club

**Main Club Championships -2024**  
**Results – Day 2**

**Event 309 Girls 10-11 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Polly Jackson	11	Mildenhall & District SC	1:25.14	1:19.93
2 Lyla Hill	11	Mildenhall & District SC	1:28.37	1:24.44
3 Elysia Jackson	11	Mildenhall & District SC	1:36.34	1:26.91
4 Poppy Richardson	10	Mildenhall & District SC	1:59.06	1:41.59
5 Georgia Bailey	10	Mildenhall & District SC	1:49.20	1:52.97
6 Luna Newson	10	Mildenhall & District SC	2:00.00	1:56.26
7 Natalie Moore	11	Mildenhall & District SC	2:00.01	2:08.59
8 Sophia Kitson	10	Mildenhall & District SC	2:30.01	2:14.69

**Event 309 Girls 12-13 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Sapphire Desouza-Holwill	12	Mildenhall & District SC	1:30.42	1:26.39
2 Emma Barrett	12	Mildenhall & District SC	1:34.69	1:34.31
3 Abi Chaplin	13	Mildenhall & District SC	1:41.00	1:35.57
4 Lilly Bird	12	Mildenhall & District SC	1:40.75	1:37.37
5 Emily Smith	12	Mildenhall & District SC	1:40.12	1:38.66
6 Adriana Morrison	12	Mildenhall & District SC	1:51.14	1:51.76

**Event 309 Women 14-15 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Eden Benion	15	Mildenhall & District SC	1:15.89	1:15.81
2 Gracie-Mai Lloyd	14	Mildenhall & District SC	1:24.47	1:28.43

**Event 309 Women 16 & Over 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Katie Richardson	40	Mildenhall & District SC	1:15.85	1:17.67
2 Jane Smith	60	Mildenhall & District SC	1:34.09	1:35.93

Mildenhall &amp; District Swimming Club

**Main Club Championships -2024**  
**Results – Day 2**

**Event 309 Boys 10-11 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Seb Cash	11	Mildenhall & District SC	1:35.00	1:27.58
2 Charlie Madine	11	Mildenhall & District SC	1:54.18	1:41.32
3 William Onslow	10	Mildenhall & District SC	1:52.07	1:42.17
4 Michael Morrison	10	Mildenhall & District SC	1:59.05	1:48.13

**Event 309 Boys 12-13 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 George Richardson	13	Mildenhall & District SC	1:16.22	1:13.50
2 Karol Poplawski	12	Mildenhall & District SC	1:43.53	1:25.56
3 Samuel Butcher	12	Mildenhall & District SC	1:27.77	1:29.27
4 Elliott Lloyd	12	Mildenhall & District SC	1:41.80	1:33.86
5 Harrison Sainsbury	12	Mildenhall & District SC	1:42.63	1:41.50

**Event 309 Men 14-15 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Miko Poplawski	15	Mildenhall & District SC	59.46	59.17
2 Kieron Alderson	14	Mildenhall & District SC	1:10.22	1:09.94

**Event 309 Men 16 & Over 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Tyler Baxter	17	Mildenhall & District SC	58.11	58.96
2 Oliver Misiaszek	17	Mildenhall & District SC	1:03.38	1:01.12
3 Rob Garry	60	Mildenhall & District SC	1:30.78	1:28.91
4 John Browne	66	Mildenhall & District SC	1:48.64	1:54.84

**Event 310 Girls 9 & Under 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Amelia Larkin	9	Mildenhall & District SC	1:02.44	1:02.75
--- Hayley Moore	9	Mildenhall & District SC	1:28.03	DQ

7.6 Did not touch at the turn or finish with both hands; separated; simultaneously

Mildenhall &amp; District Swimming Club

**Main Club Championships -2024**  
**Results – Day 2**

<b>Event 310 Girls 10-11 50 SC Meter Breaststroke</b>				
Name	Age	Team	Seed Time	Finals Time
1 Polly Jackson	11	Mildenhall & District SC	47.25	47.36
2 Lyla Hill	11	Mildenhall & District SC	51.92	50.09
3 Sophia Andrews	11	Mildenhall & District SC	57.80	53.67
4 Elysia Jackson	11	Mildenhall & District SC	1:05.20	55.39
5 Elisabetta Scotto Di Marrazzo	11	Mildenhall & District SC	1:21.01	57.11
6 Georgia Bailey	10	Mildenhall & District SC	1:20.98	57.76
7 Poppy Richardson	10	Mildenhall & District SC	1:05.19	1:05.14
8 Luna Newson	10	Mildenhall & District SC	1:21.03	1:11.01
9 Natalie Moore	11	Mildenhall & District SC	1:28.00	1:26.83
<b>Event 310 Girls 12-13 50 SC Meter Breaststroke</b>				
Name	Age	Team	Seed Time	Finals Time
1 Sapphire Desouza-Holwill	12	Mildenhall & District SC	49.87	50.46
2 Emma Barrett	12	Mildenhall & District SC	54.25	51.91
3 Emily Smith	12	Mildenhall & District SC	58.28	57.99
<b>(Event 310 Girls 12-13 50 SC Meter Breaststroke)</b>				
Name	Age	Team	Seed Time	Finals Time
4 Abi Chaplin	13	Mildenhall & District SC	1:00.00	58.42
5 Adriana Morrison	12	Mildenhall & District SC	58.75	1:01.00
<b>Event 310 Women 14-15 50 SC Meter Breaststroke</b>				
Name	Age	Team	Seed Time	Finals Time
1 Gracie-Mai Lloyd	14	Mildenhall & District SC	44.57	43.37
2 Eden Benion	15	Mildenhall & District SC	42.93	43.75
<b>Event 310 Women 16 &amp; Over 50 SC Meter Breaststroke</b>				
Name	Age	Team	Seed Time	Finals Time
1 Katie Richardson	40	Mildenhall & District SC	50.00	50.12

Mildenhall &amp; District Swimming Club

**Main Club Championships -2024**  
**Results – Day 2**

<b>Event 310 Boys 9 &amp; Under 50 SC Meter Breaststroke</b>				
Name	Age	Team	Seed Time	Finals Time
1 Finley Crichton	9	Mildenhall & District SC	1:04.76	1:00.46
---			1:28.04	DQ
--- Ralph Madine	8	Mildenhall & District SC		
7.3 Hands brought back beyond the hip line during stroke				
---			1:23.00	DQ
--- Callum Keane	9	Mildenhall & District SC		
7.6 Did not touch at the turn or finish with both hands; separated; simultaneously				

<b>Event 310 Boys 10-11 50 SC Meter Breaststroke</b>				
Name	Age	Team	Seed Time	Finals Time
1 Seb Cash	11	Mildenhall & District SC	1:05.21	58.31
2 Ryan Ponsford	11	Mildenhall & District SC	1:21.00	1:00.85
3 William Onslow	10	Mildenhall & District SC	1:10.27	1:08.66
4 Charlie Madine	11	Mildenhall & District SC	1:21.02	1:15.45

<b>Event 310 Boys 12-13 50 SC Meter Breaststroke</b>				
Name	Age	Team	Seed Time	Finals Time
1 George Richardson	13	Mildenhall & District SC	48.42	44.93
2 Karol Poplawski	12	Mildenhall & District SC	47.43	45.92
3 Elliott Lloyd	12	Mildenhall & District SC	51.00	51.43

<b>Event 310 Men 14-15 50 SC Meter Breaststroke</b>				
Name	Age	Team	Seed Time	Finals Time
1 Miko Poplawski	15	Mildenhall & District SC	35.52	35.03
2 Kieron Alderson	14	Mildenhall & District SC	48.16	46.98

<b>Event 310 Men 16 &amp; Over 50 SC Meter Breaststroke</b>				
Name	Age	Team	Seed Time	Finals Time
1 Tyler Baxter	17	Mildenhall & District SC	34.13	34.28
2 Oliver Misiaszek	17	Mildenhall & District SC	36.85	36.80
3 Rob Garry	60	Mildenhall & District SC	52.80	54.00
4 John Browne	66	Mildenhall & District SC	55.57	58.70

Mildenhall &amp; District Swimming Club

**Main Club Championships -2024**  
**Results – Day 2**

**Event 311 Girls 9 & Under 25 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Amelia Larkin	9	Mildenhall & District SC	30.80	25.31
2 Hayley Moore	9	Mildenhall & District SC	35.51	27.99
3 Francesca Onslow	7	Mildenhall & District SC	35.52	30.94
4 Niamh Desouza-Holwill	8	Mildenhall & District SC	40.03	32.22
5 Evie Roberson	8	Mildenhall & District SC	40.01	32.55
6 Alex Bennett	7	Mildenhall & District SC	40.05	35.80

**Event 311 Boys 9 & Under 25 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Finley Crichton	9	Mildenhall & District SC	27.87	21.69
2 Hugo Turner	9	Mildenhall & District SC	35.50	23.67
3 Callum Keane	9	Mildenhall & District SC	35.00	26.62
4 Archie Morley	9	Mildenhall & District SC	34.51	26.75
5 Sam Goldstone	9	Mildenhall & District SC	31.95	27.51
6 Ralph Madine	8	Mildenhall & District SC	34.93	28.46
7 Grayson King	8	Mildenhall & District SC	40.00	32.92
8 Patrick Lenihan	9	Mildenhall & District SC	33.24	33.23
9 Luca Riggi	8	Mildenhall & District SC	40.02	36.97
10 Jacob Hales	8	Mildenhall & District SC	40.04	48.93

**Event 312 Girls 10-11 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Polly Jackson	11	Mildenhall & District SC	1:45.49	1:40.59
2 Lyla Hill	11	Mildenhall & District SC	2:02.64	1:46.28



**Main Club Championships -2024  
Results – Day 2**

**Event 312 Women 14-15 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Eden Benion	15	Mildenhall & District SC	1:42.67	1:40.90
2 Gracie-Mai Lloyd	14	Mildenhall & District SC	1:47.65	1:49.19

**Event 312 Boys 12-13 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 George Richardson	13	Mildenhall & District SC	1:56.76	1:35.35
2 Elliott Lloyd	12	Mildenhall & District SC	2:03.84	1:57.46

**Event 312 Men 14-15 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Kieron Alderson	14	Mildenhall & District SC	1:17.37	1:19.79

**Event 312 Men 16 & Over 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Tyler Baxter	17	Mildenhall & District SC	1:04.84	1:09.79
2 Oliver Misiaszek	17	Mildenhall & District SC	1:10.00	1:11.74
3 Rob Garry	60	Mildenhall & District SC	2:08.88	2:03.28