

## No Frills Open Meet - 14/12/2024 to 15/12/2024

## Results

**Event 101 Girls 9 Year Olds 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Locke, Gracie	9 Stowmarket	3:31.84

**Event 101 Girls 10 Year Olds 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Nowell, Molly	10 Stowmarket	2:56.99
2 Rees, Thea	10 West Suffolk	3:27.76

**Event 101 Girls 11 Year Olds 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Jewers, Zara	11 Stowmarket	2:40.29
2 Porter, Poppy	11 Teamipswich	2:44.64
3 Templer, Daisy	11 Stowmarket	2:56.65
4 Tydeman, Martha	11 Stowmarket	3:10.21

**Event 101 Girls 12 Year Olds 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Johnys, Anna	12 Teamipswich	2:42.53
2 Payne, Ayda	12 West Suffolk	2:51.16
3 Copping, Mia	12 West Suffolk	2:51.93
4 Crane, Abbie	12 Deben	3:06.68

**Event 101 Girls 13 Year Olds 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Moore, Poppy	13 West Suffolk	2:26.12
2 Stewart, Erin	13 West Suffolk	2:42.16
3 Boxall-Hunt, Isabella	13 Stowmarket	3:13.85

**Event 101 Girls 14 Year Olds 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Marshall, Maggie	14 Teamipswich	2:19.87
2 Mutton, Grace	14 Deben	2:25.16

**Event 101 Girls 15 & Over 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Crawley, Bethany	16 Felixstowe	2:18.35
2 Moore, Isabel	16 West Suffolk	2:20.74
3 Catchpole, Ellie	18 Leiston	2:21.79
4 Richardson, May	16 Stowmarket	2:24.47
5 Walker, Katie	16 Deben	2:28.09
6 Dring, Lilley	15 Deben	2:30.80
7 Ahmed, Juhayna	15 Bark & Dagen	2:31.46
8 Forrester, Imogen	15 Deben	2:31.62
9 McTaggart, Abbi	15 Deben	2:40.20
10 Powell, Leah	15 Deben	2:57.24

**Event 102 Boys 9 Year Olds 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Allberry, Henry	9 Stowmarket	3:17.15

**Event 102 Boys 10 Year Olds 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Alexander, Jack	10 Teamipswich	2:44.81
2 Gadie, Harrison	10 Stowmarket	3:13.99

**Event 102 Boys 11 Year Olds 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Fox, Jake	11 Stowmarket	2:50.18
2 Thompson, Elliott	11 Stowmarket	2:59.62
3 Long, Alex	11 Stowmarket	3:00.56

4 Parikh, Vian	11 Deben	3:13.30
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**Event 102 Boys 12 Year Olds 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Letts, George	12 Deben	2:32.82
2 Engle, Christopher	12 Deben	2:34.16
3 Evans, Daniel	12 Deben	2:38.97
4 Croft, Adison	12 Stowmarket	2:43.56
5 Allberry, Edward	12 Stowmarket	2:44.79
6 Barnard, Joshua	12 Stowmarket	2:52.55

**Event 102 Boys 13 Year Olds 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Goldstone, Percy	13 Maldon Shark	2:15.05
2 Dalope, Jason	13 West Suffolk	2:15.59
3 Harrison, Rex	13 Stowmarket	2:20.32
4 Long, Ethan	13 Stowmarket	2:33.65
5 Riley, Mason	13 March	2:36.26
6 Thompson, Ted	13 Leiston	2:40.36
7 Wilcox, Ewan	13 Felixstowe	2:47.79
8 Thornton-Coates, Luke	13 Deben	3:08.66

**Event 102 Boys 14 Year Olds 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Hall, Haiden	14 Deben	2:07.32
2 Allberry, James	14 Stowmarket	2:25.55
3 Cole, Freddie	14 West Suffolk	2:38.47
4 Thornton-Coates, James	14 Deben	2:52.08
5 Kerry, Rowan	14 Stowmarket	3:11.20
6 Tsizdyn, Davyd	14 Stowmarket	3:57.26

**Event 102 Boys 15 & Over 200 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Bashford, Riley	18 Deben	2:02.43
2 Spelman, Thomas	17 Stowmarket	2:05.03
3 Millin, Jed	16 Stowmarket	2:05.37
4 Ruffles-Francis, Teilo	16 Stowmarket	2:13.25
5 Thompson, Angus	15 Leiston	2:16.79
6 Kirk, Thomas	15 Leiston	2:20.36
7 Young, Owen	17 Felixstowe	2:22.02
8 Hydes, Landon	15 West Suffolk	2:29.60
9 Shopland, Kain	15 Deben	2:30.48
10 Ilcevic, Artemij	15 Deben	2:41.59
11 Boxall-Hunt, Roman	15 Stowmarket	2:45.44

**Event 103 Girls 9 Year Olds 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Moody, Lauren	9 Teamipswich	51.17
2 Locke, Gracie	9 Stowmarket	54.69
--- Cragg, Molly	9 Stowmarket	DQ
8.3 Alternating movement of legs or feet		

**Event 103 Girls 10 Year Olds 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Shemmings, Olivia	10 Deben	50.09
2 Cooney, Gabriella	10 Leiston	50.12
3 Forrest, Serena	10 Stowmarket	50.41
4 Richardson, Poppy	10 Mildenhall	53.61
5 Nowell, Molly	10 Stowmarket	55.30
6 Ramsey, Alexis	10 Teamipswich	59.85

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**(Event 103 Girls 10 Year Olds 50 SC Meter Butterfly)**

Name	AgeTeam	Finals Time
7 Convey, Audrey	10 Stowmarket	1:00.73

**Event 103 Girls 11 Year Olds 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Bryant, Olivia	11 Stowmarket	36.90
2 Welsford, Eloise	11 Deben	39.36
3 Robertson, Bella	11 Stowmarket	41.02
4 Jones, Mia	11 March	41.45
5 Stoner, Hana	11 March	42.62
6 Templer, Daisy	11 Stowmarket	48.06
7 Tydeman, Martha	11 Stowmarket	49.10
8 Hunt, Nancy	11 Stowmarket	49.49
9 Thomas, Harriet	11 Felixstowe	53.50
10 Welham, Freya	11 Stowmarket	55.57
11 Goldstone, Amelie	11 Maldon Shark	58.29

**Event 103 Girls 12 Year Olds 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Snowden, Nellie	12 Deben	35.68
2 Williams, Grace	12 Deben	37.73
3 Glennon, Amelia	12 Leiston	39.99
4 Butt, Emilia	12 Deben	40.16
5 Johnys, Anna	12 Teamipswich	40.68
6 Vinter, Emilia	12 Teamipswich	43.85
7 Squirrel, Orla	12 Teamipswich	53.98

**Event 103 Girls 13 Year Olds 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Jacquet, Maelys	13 Deben	33.06
2 Murphy, Olivia	13 Deben	34.48
3 Kirk, Betsy	13 Leiston	35.11
4 Wan, Anabelle	13 Deben	35.87
5 Roberts, Isla	13 Teamipswich	37.23
6 Cook, Freya	13 Leiston	39.20
7 Willis, Freya	13 Leiston	40.52
8 Boxall-Hunt, Isabella	13 Stowmarket	47.97

**Event 103 Girls 14 Year Olds 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Walker, Lucy	14 Deben	33.25
2 Phillips, Lucy	14 Deben	35.51
3 Crane, Erin	14 Deben	40.54

**Event 103 Girls 15 & Over 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Brown, Rebecca	17 West Suffolk	31.46
2 Broad, Kiera	16 West Suffolk	32.73
3 Harrison, Amelie	15 Stowmarket	32.93
4 Walker, Katie	16 Deben	33.26
5 Davies, Florence	16 Deben	34.38
6 Barrett, Sophie	22 Stowmarket	34.46
7 Richardson, May	16 Stowmarket	36.04
8 Ahmed, Juhayna	15 Bark & Dagen	36.36
9 Haselwood, Erin	15 Stowmarket	37.20
10 Bingham, Poppy	18 Stowmarket	37.35
11 Hutton, Emily	17 Stowmarket	38.52
12 McTaggart, Abbi	15 Deben	41.14

**Event 104 Boys 9 Year Olds 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Lillistone, Joshua	9 Teamipswich	45.78
2 Ashford, Elliott	9 Stowmarket	50.37

**Event 104 Boys 10 Year Olds 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Lewis, Benjamin	10 Teamipswich	48.33
2 Gadie, Harrison	10 Stowmarket	51.41

**Event 104 Boys 11 Year Olds 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Fox, Jake	11 Stowmarket	41.13
2 Pritchard, Freddie	11 Stowmarket	43.99
3 Thompson, Elliott	11 Stowmarket	44.19
4 Parikh, Vian	11 Deben	50.48
5 Smith, Daniel	11 Stowmarket	53.39
--- Long, Alex	11 Stowmarket	DQ

8.2 Arms not brought forward simultaneously over the water

**Event 104 Boys 12 Year Olds 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Croft, Adison	12 Stowmarket	36.95
2 Mozes, Aron	12 Teamipswich	38.73
3 Barnard, Joshua	12 Stowmarket	44.72
4 Allberry, Edward	12 Stowmarket	49.54

**Event 104 Boys 13 Year Olds 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Dalope, Jason	13 West Suffolk	31.56
2 Goldstone, Percy	13 Maldon Shark	33.65
3 Long, Ethan	13 Stowmarket	34.64
4 Levell, Richard	13 West Suffolk	35.14
5 Riley, Mason	13 March	37.07
6 Vidal-Greenwood, Harry	13 West Suffolk	37.54
7 Thompson, Alfie	13 Leiston	37.58
8 Winterburn, Dexter	13 Teamipswich	37.95
9 Ilie, Nathanel	13 Felixstowe	38.78
10 Richardson, George	13 Mildenhall	38.84

**Event 104 Boys 14 Year Olds 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Allberry, James	14 Stowmarket	32.16
2 Alderson, Kieron	14 Mildenhall	33.59
3 Tolputt, Oscar	14 Deben	34.95
4 Smith-Hilton, Sam	14 Deben	36.45
5 Lupsa, David	14 West Suffolk	39.49
6 Kerry, Rowan	14 Stowmarket	48.42

**Event 104 Boys 15 & Over 50 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Chapman, Lewis	23 Stowmarket	26.53
2 Osborne, Jack	17 Deben	26.85
3 Rowland, Alfie	15 Stowmarket	28.89
4 Matuszek, Antoni	18 Deben	29.33
5 Handley, William	22 Stowmarket	29.69
6 Tolputt, Samuel	18 Deben	29.72
7 Blagg, Finlay	15 Stowmarket	30.20
8 Ruffles-Francis, Vaughn	19 Stowmarket	30.25

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**(Event 104 Boys 15 & Over 50 SC Meter Butterfly)**

Name	AgeTeam	Finals Time
9 Korstanje, Emiel	16 West Suffolk	30.39
10 Spelman, Thomas	17 Stowmarket	31.79
11 Foster, Matthew	16 Leiston	32.14
*12 Wallace, Henry	17 Stowmarket	32.37
*12 Kirk, Thomas	15 Leiston	32.37
14 Hale, Oliver	26 Stowmarket	32.48
15 Hydes, Landon	15 West Suffolk	34.61
16 Ilcevic, Artemij	15 Deben	41.73
17 Boxall-Hunt, Roman	15 Stowmarket	45.23

**Event 105 Girls 9 Year Olds 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Smith, Kyla-Mae	9 Stowmarket	2:01.74
2 Garner, Emily	9 Stowmarket	2:19.90

**Event 105 Girls 10 Year Olds 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Mann, Grace	10 Teamipswich	1:23.68
2 Vinter, Ivy	10 Teamipswich	1:28.92
3 Nowell, Molly	10 Stowmarket	1:37.65
4 Richardson, Poppy	10 Mildenhall	1:42.76
5 Convey, Audrey	10 Stowmarket	1:48.88
6 Forrest, Serena	10 Stowmarket	1:49.03
7 Farrell, Maisie	10 Stowmarket	2:17.60

**Event 105 Girls 11 Year Olds 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Welsford, Eloise	11 Deben	1:23.11
2 Porter, Poppy	11 Teamipswich	1:25.50
3 Jones, Mia	11 March	1:28.69
4 Jewers, Zara	11 Stowmarket	1:29.16
5 Stoner, Hana	11 March	1:30.24
6 Tydeman, Martha	11 Stowmarket	1:40.30
7 Brewster, Florence	11 Stowmarket	1:40.35
8 Welham, Freya	11 Stowmarket	1:44.39

**Event 105 Girls 12 Year Olds 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Mason, Isla	12 Stowmarket	1:19.90
2 Johnys, Anna	12 Teamipswich	1:25.76
3 Williams, Grace	12 Deben	1:26.16
4 Glennon, Amelia	12 Leiston	1:28.83
5 Squirrell, Orla	12 Teamipswich	1:45.51
6 Davey, Ella-Mai	12 Stowmarket	2:20.94

**Event 105 Girls 13 Year Olds 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Roberts, Isla	13 Teamipswich	1:23.56
2 Willis, Freya	13 Leiston	1:27.24
3 Cook, Freya	13 Leiston	1:30.87
4 Boxall-Hunt, Isabella	13 Stowmarket	1:45.75

**Event 105 Girls 14 Year Olds 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Mutton, Grace	14 Deben	1:17.38
2 Catchpole, Charlotte	14 Leiston	1:19.86
--- Smith, Hannah	14 Felixstowe	DQ

6.4 Did not start executing the turn immediately after turning onto the brea

**Event 105 Girls 15 & Over 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Lashmar, Jemima	15 Teamipswich	1:13.98
2 Harrison, Amelie	15 Stowmarket	1:17.02
3 Haselwood, Erin	15 Stowmarket	1:21.91
4 Powell, Leah	15 Deben	1:31.00

**Event 106 Boys 9 Year Olds 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Lillistone, Joshua	9 Teamipswich	1:33.97
2 Levell, Tom	9 West Suffolk	1:46.42
3 Durrant-Gwilliam, Joel	9 Stowmarket	1:46.86
4 Jewers, Zachary	9 Stowmarket	1:53.02
5 Horn, Daniel	9 West Suffolk	2:00.89

**Event 106 Boys 10 Year Olds 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Lewis, Benjamin	10 Teamipswich	1:31.84
2 Wedgwood, Maximus	10 Stowmarket	1:55.80

**Event 106 Boys 11 Year Olds 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Fox, Jake	11 Stowmarket	1:29.13
2 Pritchard, Freddie	11 Stowmarket	1:32.81
3 Thompson, Elliott	11 Stowmarket	1:35.18
4 Long, Alex	11 Stowmarket	1:38.74
5 Parikh, Vian	11 Deben	1:45.09
--- Kings, Logan	11 Teamipswich	DQ

6.4 Did not start executing the turn immediately after turning onto the brea

**Event 106 Boys 12 Year Olds 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Letts, George	12 Deben	1:16.48
2 Harrison, Evan	12 Teamipswich	1:20.79
3 Mozes, Aron	12 Teamipswich	1:23.49
4 Croft, Adison	12 Stowmarket	1:29.28
5 Barnard, Joshua	12 Stowmarket	1:36.74
--- Wagrowski, Mateusz	12 Teamipswich	DQ

6.4 Turn not initiated at completion of the arm pull after leaving position or

**Event 106 Boys 13 Year Olds 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Dalope, Jason	13 West Suffolk	1:12.32
2 Davies, Diggory	13 Deben	1:13.38
3 Harrison, Rex	13 Stowmarket	1:15.13
4 Vidal-Greenwood, Harry	13 West Suffolk	1:19.10
5 Winterburn, Dexter	13 Teamipswich	1:20.55
6 Riley, Mason	13 March	1:21.02
7 Thomas, Toby	13 Felixstowe	1:25.62
8 Wilcox, Ewan	13 Felixstowe	1:28.38
9 Ilie, Nathanel	13 Felixstowe	1:31.13

**Event 106 Boys 14 Year Olds 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Butt, Oliver	14 Deben	1:08.40
2 Smith-Hilton, Sam	14 Deben	1:16.76
3 Cole, Freddie	14 West Suffolk	1:21.08
4 Lupsa, David	14 West Suffolk	1:24.63

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**Event 106 Boys 15 & Over 100 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Osborne, Jack	17 Deben	1:00.74
2 Pryke, Daniel	18 Deben	1:05.84
3 Hale, Oliver	26 Stowmarket	1:08.03
4 Millin, Jed	16 Stowmarket	1:10.98
5 Korstanje, Emiel	16 West Suffolk	1:11.11
6 Jones, Lewis	15 West Suffolk	1:16.56
7 Boxall-Hunt, Roman	15 Stowmarket	1:41.52

**Event 107 Girls 10 Year Olds 200 SC Meter IM**

Name	AgeTeam	Finals Time
1 Goodchild, Sophie	10 Teamipswich	3:32.55
2 Nowell, Molly	10 Stowmarket	3:41.87
3 Cooney, Gabriella	10 Leiston	3:57.82

**Event 107 Girls 11 Year Olds 200 SC Meter IM**

Name	AgeTeam	Finals Time
1 Bryant, Olivia	11 Stowmarket	2:55.47
2 Robertson, Bella	11 Stowmarket	3:04.20
3 Jones, Mia	11 March	3:11.33
4 Hunt, Nancy	11 Stowmarket	3:34.28
5 Tydeman, Martha	11 Stowmarket	3:34.44

**Event 107 Girls 12 Year Olds 200 SC Meter IM**

Name	AgeTeam	Finals Time
1 Mason, Isla	12 Stowmarket	2:57.70

**Event 107 Girls 13 Year Olds 200 SC Meter IM**

Name	AgeTeam	Finals Time
1 Jacquet, Maelys	13 Deben	2:56.85
2 Stewart, Erin	13 West Suffolk	3:01.99
3 Cook, Freya	13 Leiston	3:17.67

**Event 107 Girls 14 Year Olds 200 SC Meter IM**

Name	AgeTeam	Finals Time
1 Smith, Hannah	14 Felixstowe	3:30.56

**Event 107 Girls 15 & Over 200 SC Meter IM**

Name	AgeTeam	Finals Time
1 Brown, Rebecca	17 West Suffolk	2:40.62
2 Catchpole, Ellie	18 Leiston	2:44.44
3 Barrett, Sophie	22 Stowmarket	2:53.28

**Event 108 Boys 9 Year Olds 200 SC Meter IM**

Name	AgeTeam	Finals Time
--- Allberry, Henry	9 Stowmarket	DQ
6.4 Did not start executing the turn immediately after turning onto the brea		

**Event 108 Boys 11 Year Olds 200 SC Meter IM**

Name	AgeTeam	Finals Time
1 Long, Alex	11 Stowmarket	3:26.61
2 Smith, Daniel	11 Stowmarket	4:00.19

**Event 108 Boys 12 Year Olds 200 SC Meter IM**

Name	AgeTeam	Finals Time
1 Letts, George	12 Deben	2:53.26
2 Engle, Christopher	12 Deben	2:58.55
3 Croft, Adison	12 Stowmarket	3:04.63
4 Evans, Daniel	12 Deben	3:09.32
5 Allberry, Edward	12 Stowmarket	3:15.38

**Event 108 Boys 13 Year Olds 200 SC Meter IM**

Name	AgeTeam	Finals Time
1 Dalope, Jason	13 West Suffolk	2:38.79
2 Harrison, Heath	13 Stowmarket	2:46.56
3 Long, Ethan	13 Stowmarket	2:55.46
4 Richardson, George	13 Mildenhall	3:07.90
5 Ilie, Nathanel	13 Felixstowe	3:22.88

**Event 108 Boys 14 Year Olds 200 SC Meter IM**

Name	AgeTeam	Finals Time
1 Allberry, James	14 Stowmarket	2:45.05
2 Jackson, Cameron	14 Deben	2:47.37

**Event 108 Boys 15 & Over 200 SC Meter IM**

Name	AgeTeam	Finals Time
1 Bashford, Riley	18 Deben	2:22.57
2 Millin, Jed	16 Stowmarket	2:29.63
3 Kirk, Thomas	15 Leiston	2:40.18
4 Boxall-Hunt, Roman	15 Stowmarket	3:32.60

**Event 109 Girls 9 Year Olds 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Moody, Lauren	9 Teamipswich	2:06.61
--- Garner, Emily	9 Stowmarket	DQ
7.6 Did not touch at the turn or finish with both hands; separated; simultan		
--- Vasiljeva, Ekaterina	9 Deben	DQ
7.6 Did not touch at the turn or finish with both hands; separated; simultan		

**Event 109 Girls 10 Year Olds 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Alexander, Sophie	10 Teamipswich	1:46.01
2 Mann, Grace	10 Teamipswich	1:48.40
3 Rees, Thea	10 West Suffolk	1:50.47
4 Westcott, Matilda	10 Stowmarket	2:00.68
5 Gibson, Jessica	10 Deben	2:03.21
6 Letts, Vivienne	10 Deben	2:06.94
7 Wright, Poppy	10 Stowmarket	2:16.36
8 Forrest, Serena	10 Stowmarket	2:19.40
9 Farrell, Maisie	10 Stowmarket	2:43.42
--- Vinter, Ivy	10 Teamipswich	DQ
7.1 More than one butterfly kick prior to first breaststroke kick after the sta		
--- Wilmot, Abigail	10 Teamipswich	DQ
7.2 Stroke cycle not 1 arm stroke to 1 leg kick in that order		

**Event 109 Girls 11 Year Olds 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Bryant, Olivia	11 Stowmarket	1:32.41
2 Robertson, Bella	11 Stowmarket	1:33.52
3 Jones, Mia	11 March	1:37.42
4 Herring, Aurelia	11 Leiston	1:38.76
5 Brewster, Florence	11 Stowmarket	1:51.86
6 Welham, Freya	11 Stowmarket	1:56.08

**Event 109 Girls 12 Year Olds 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Mason, Isla	12 Stowmarket	1:31.79
2 Snowden, Nellie	12 Deben	1:32.19
3 Johnys, Anna	12 Teamipswich	1:33.54
4 McTaggart, Elinor	12 Deben	1:38.76

## No Frills Open Meet - 14/12/2024 to 15/12/2024

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**(Event 109 Girls 12 Year Olds 100 SC Meter Breaststroke)**

Name	AgeTeam	Finals Time
5 Gibson, Philippa	12 Deben	1:46.04
6 Crane, Abbie	12 Deben	1:58.44
--- Davey, Ella-Mai	12 Stowmarket	DQ
7.6 Did not touch at the turn or finish with both hands; separated; simultan		

**Event 109 Girls 13 Year Olds 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Thompson, Tatiana	13 Leiston	1:33.19
2 Willis, Freya	13 Leiston	1:39.60
3 Boxall-Hunt, Isabella	13 Stowmarket	2:07.60

**Event 109 Girls 14 Year Olds 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Crane, Erin	14 Deben	1:48.21

**Event 109 Girls 15 & Over 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Broad, Kiera	16 West Suffolk	1:22.47
2 Brown, Rebecca	17 West Suffolk	1:26.44
3 Dring, Lilley	15 Deben	1:30.63
4 Bingham, Poppy	18 Stowmarket	1:32.09
5 Hutton, Emily	17 Stowmarket	1:35.31
6 Forrester, Imogen	15 Deben	1:36.88
7 Fox, Pheobe	15 Stowmarket	1:41.70

**Event 110 Boys 9 Year Olds 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Anwar, Daniel	9 Teamipswich	1:53.68
2 Jewers, Zachary	9 Stowmarket	2:03.60
3 Allberry, Henry	9 Stowmarket	2:04.62
4 Ashford, Elliott	9 Stowmarket	2:08.05
--- Durrant-Gwilliam, Joel	9 Stowmarket	DQ
7.2 Arm movements not simultaneous		

**Event 110 Boys 10 Year Olds 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Gadie, Harrison	10 Stowmarket	1:57.24
2 Wedgwood, Maximus	10 Stowmarket	2:22.62

**Event 110 Boys 11 Year Olds 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Long, Alex	11 Stowmarket	1:46.62
2 Thompson, Elliott	11 Stowmarket	1:51.27
3 Pritchard, Freddie	11 Stowmarket	2:06.10

**Event 110 Boys 12 Year Olds 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Mozes, Aron	12 Teamipswich	1:37.07
2 Croft, Adison	12 Stowmarket	1:41.95
3 Barnard, Joshua	12 Stowmarket	1:49.62
4 Allberry, Edward	12 Stowmarket	1:52.73

**Event 110 Boys 13 Year Olds 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Dalope, Jason	13 West Suffolk	1:20.07
2 Harrison, Rex	13 Stowmarket	1:25.68
3 Long, Ethan	13 Stowmarket	1:32.06
4 Vidal-Greenwood, Harry	13 West Suffolk	1:32.45
5 Davies, Diggory	13 Deben	1:33.49

6 Riley, Mason	13 March	1:34.64
7 Thornton-Coates, Luke	13 Deben	1:46.47

**Event 110 Boys 14 Year Olds 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Butt, Oliver	14 Deben	1:24.92
2 Allberry, James	14 Stowmarket	1:33.15
3 Thornton-Coates, James	14 Deben	1:37.33
4 Kerry, Rowan	14 Stowmarket	1:41.17
5 Tsizdyn, Davyd	14 Stowmarket	2:08.15

**Event 110 Boys 15 & Over 100 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Bashford, Riley	18 Deben	1:12.04
2 Ruffles-Francis, Vaughn	19 Stowmarket	1:12.90
3 Ruffles-Francis, Teilo	16 Stowmarket	1:16.66
4 Blagg, Finlay	15 Stowmarket	1:16.82
5 Pryke, Daniel	18 Deben	1:17.92
6 Tolputt, Samuel	18 Deben	1:18.47
7 Young, Owen	17 Felixstowe	1:18.52
8 Rowland, Alfie	15 Stowmarket	1:18.53
9 Korstanje, Emiel	16 West Suffolk	1:21.46
10 Wallace, Henry	17 Stowmarket	1:22.06
11 Shopland, Kain	15 Deben	1:30.65
12 Ilcevic, Artemij	15 Deben	1:33.25
13 Hydes, Landon	15 West Suffolk	1:36.59

**Event 111 Girls 9 Year Olds 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Moody, Lauren	9 Teamipswich	48.96
2 Smith, Kyla-Mae	9 Stowmarket	55.09
3 Cragg, Molly	9 Stowmarket	1:03.44
4 Garner, Emily	9 Stowmarket	1:07.49
--- Locke, Gracie	9 Stowmarket	DQ
6.4 Turn not initiated at completion of the arm pull after leaving position or		

**Event 111 Girls 10 Year Olds 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Mann, Grace	10 Teamipswich	39.86
2 Vinter, Ivy	10 Teamipswich	42.47
3 Nowell, Molly	10 Stowmarket	44.81
4 Richardson, Poppy	10 Mildenhall	46.18
5 Shemmings, Olivia	10 Deben	46.58
6 Cooney, Gabriella	10 Leiston	47.03
7 Convey, Audrey	10 Stowmarket	47.97
8 Ramsey, Alexis	10 Teamipswich	48.88
9 Forrest, Serena	10 Stowmarket	50.46
10 Westcott, Matilda	10 Stowmarket	51.38
11 Farrell, Maisie	10 Stowmarket	1:06.90
--- Letts, Vivienne	10 Deben	DQ
6.4 Did not start executing the turn immediately after turning onto the brea		
--- Gibson, Jessica	10 Deben	DQ
6.4 Did not touch the wall during the turn		
--- Wilmot, Abigail	10 Teamipswich	DQ
6.4 Did not start executing the turn immediately after turning onto the brea		

**Event 111 Girls 11 Year Olds 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Bryant, Olivia	11 Stowmarket	38.16
2 Jones, Mia	11 March	40.70

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**(Event 111 Girls 11 Year Olds 50 SC Meter Backstroke)**

Name	AgeTeam	Finals Time
3 Clark, Ivy-Rose	11 Felixstowe	42.15
4 Stoner, Hana	11 March	42.29
5 Templer, Daisy	11 Stowmarket	44.39
6 Tydeman, Martha	11 Stowmarket	45.36
7 Brewster, Florence	11 Stowmarket	46.29
8 Thomas, Harriet	11 Felixstowe	47.77
9 Welham, Freya	11 Stowmarket	47.86
10 Hunt, Nancy	11 Stowmarket	48.12
11 Goldstone, Amelie	11 Maldon Shark	52.14

**Event 111 Girls 12 Year Olds 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Butt, Emilia	12 Deben	35.96
2 Johnys, Anna	12 Teamipswich	38.91
3 Williams, Grace	12 Deben	39.31
4 Glennon, Amelia	12 Leiston	40.26
5 Payne, Ayda	12 West Suffolk	40.58
6 Vinter, Emilia	12 Teamipswich	41.24
7 Gibson, Philippa	12 Deben	42.97
8 McTaggart, Elinor	12 Deben	44.28
9 Copping, Mia	12 West Suffolk	44.64
10 Squirrell, Orla	12 Teamipswich	49.11
11 Davey, Ella-Mai	12 Stowmarket	1:08.74

**Event 111 Girls 13 Year Olds 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Jacquet, Maelys	13 Deben	35.16
2 Wan, Anabelle	13 Deben	38.28
3 Willis, Freya	13 Leiston	38.51
4 Cook, Freya	13 Leiston	42.34
5 Boxall-Hunt, Isabella	13 Stowmarket	50.47

**Event 111 Girls 14 Year Olds 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Walker, Lucy	14 Deben	33.71
2 Mutton, Grace	14 Deben	35.03
3 Catchpole, Charlotte	14 Leiston	35.73
4 Smith, Hannah	14 Felixstowe	39.00
5 Phillips, Lucy	14 Deben	39.85

**Event 111 Girls 15 & Over 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Davies, Florence	16 Deben	33.81
2 Lashmar, Jemima	15 Teamipswich	34.62
3 Walker, Katie	16 Deben	35.33
4 Harrison, Amelie	15 Stowmarket	36.26
5 Haselwood, Erin	15 Stowmarket	37.23
6 Hutton, Emily	17 Stowmarket	40.55
7 Powell, Leah	15 Deben	43.05

**Event 112 Boys 9 Year Olds 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Lillistone, Joshua	9 Teamipswich	42.89
2 Anwar, Daniel	9 Teamipswich	50.25
3 Horn, Daniel	9 West Suffolk	53.82
4 Jewers, Zachary	9 Stowmarket	54.13
--- Durrant-Gwilliam, Joel	9 Stowmarket	DQ
6.4 Did not start executing the turn immediately after turning onto the brea		

--- Allberry, Henry 9 Stowmarket DQ  
6.4 Turn not initiated at completion of the arm pull after leaving position or

**Event 112 Boys 10 Year Olds 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Lewis, Benjamin	10 Teamipswich	42.25
2 Gadie, Harrison	10 Stowmarket	47.65
3 Drummond, Noah	10 Stowmarket	48.37
--- Moloney, Kian	10 Teamipswich	DQ
6.4 Did not start executing the turn immediately after turning onto the brea		
--- Wedgwood, Maximus	10 Stowmarket	DQ
6.4 Did not start executing the turn immediately after turning onto the brea		

**Event 112 Boys 11 Year Olds 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Fox, Jake	11 Stowmarket	41.44
2 Pritchard, Freddie	11 Stowmarket	44.75
3 Thompson, Elliott	11 Stowmarket	44.81
4 Long, Alex	11 Stowmarket	45.87
5 Parikh, Vian	11 Deben	47.66
6 Kings, Logan	11 Teamipswich	50.94
7 Smith, Daniel	11 Stowmarket	52.30

**Event 112 Boys 12 Year Olds 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Croft, Adison	12 Stowmarket	41.48
2 Gaweda, Dominic	12 Deben	43.94
3 Allberry, Edward	12 Stowmarket	44.46
4 Barnard, Joshua	12 Stowmarket	45.65

**Event 112 Boys 13 Year Olds 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Dalope, Jason	13 West Suffolk	34.79
2 Goldstone, Percy	13 Maldon Shark	35.05
3 Levell, Richard	13 West Suffolk	35.27
4 Riley, Mason	13 March	36.45
5 Vidal-Greenwood, Harry	13 West Suffolk	37.03
6 Winterburn, Dexter	13 Teamipswich	37.60
7 Thomas, Toby	13 Felixstowe	40.94
*8 Ilie, Nathanel	13 Felixstowe	41.58
*8 Wilcox, Ewan	13 Felixstowe	41.58
--- Long, Ethan	13 Stowmarket	DQ
6.4 Did not start executing the turn immediately after turning onto the brea		

**Event 112 Boys 14 Year Olds 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Jackson, Cameron	14 Deben	33.58
2 Tolputt, Oscar	14 Deben	35.22
3 Smith-Hilton, Sam	14 Deben	36.61
4 Allberry, James	14 Stowmarket	36.84
5 Cole, Freddie	14 West Suffolk	38.08
6 Kerry, Rowan	14 Stowmarket	49.71
7 Tszidyn, Davyd	14 Stowmarket	58.72

**Event 112 Boys 15 & Over 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Osborne, Jack	17 Deben	27.91
2 Tolputt, Samuel	18 Deben	30.92
3 Hale, Oliver	26 Stowmarket	31.39
4 Matuszek, Antoni	18 Deben	32.42

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**(Event 112 Boys 15 & Over 50 SC Meter Backstroke)**

Name	AgeTeam	Finals Time
5 Young, Owen	17 Felixstowe	33.59
6 Korstanje, Emiel	16 West Suffolk	33.60
7 Ruffles-Francis, Vaughn	19 Stowmarket	33.95
8 Foster, Matthew	16 Leiston	35.15
9 Shopland, Kain	15 Deben	35.43
10 Jones, Lewis	15 West Suffolk	35.68
11 Blagg, Finlay	15 Stowmarket	35.69
12 Hydes, Landon	15 West Suffolk	36.57
13 Boxall-Hunt, Roman	15 Stowmarket	44.82
--- Ilcevic, Artemij	15 Deben	DQ

6.4 Did not start executing the turn immediately after turning onto the brea

**Event 113 Girls 10 Year Olds 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Nowell, Molly	10 Stowmarket	6:22.07
2 Alexander, Sophie	10 Teamipswich	6:43.98
3 Goodchild, Sophie	10 Teamipswich	7:04.14

**Event 113 Girls 11 Year Olds 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Jewers, Zara	11 Stowmarket	5:47.26
2 Robertson, Bella	11 Stowmarket	5:51.11
3 Templer, Daisy	11 Stowmarket	6:15.62

**Event 113 Girls 12 Year Olds 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Snowden, Nellie	12 Deben	5:35.34
--- Squirrell, Orla	12 Teamipswich	DQ

4.4 Initiating a start before the signal

**Event 113 Girls 13 Year Olds 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Moore, Poppy	13 West Suffolk	5:06.35
2 Murphy, Olivia	13 Deben	5:16.28
--- Doggett, Mai-Belle	13 Newmarket	DQ

10.2 Did not complete the whole distance

**Event 113 Girls 14 Year Olds 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Mutton, Grace	14 Deben	4:57.41

**Event 113 Girls 15 & Over 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Moore, Isabel	16 West Suffolk	4:48.80
2 Forrester, Imogen	15 Deben	5:10.31
3 Ahmed, Juhayna	15 Bark & Dagen	5:16.40
4 Powell, Leah	15 Deben	6:08.76

**Event 114 Boys 9 Year Olds 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Allberry, Henry	9 Stowmarket	7:09.49

**Event 114 Boys 10 Year Olds 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Alexander, Jack	10 Teamipswich	5:53.69
2 Lambie, Ronnie	10 Teamipswich	5:57.58

**Event 114 Boys 11 Year Olds 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Thompson, Elliott	11 Stowmarket	6:37.58

**Event 114 Boys 12 Year Olds 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Harrison, Evan	12 Teamipswich	5:26.97
2 Engle, Christopher	12 Deben	5:36.78
3 Allberry, Edward	12 Stowmarket	6:02.94

**Event 114 Boys 13 Year Olds 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Harrison, Rex	13 Stowmarket	4:52.54
2 Dalope, Jason	13 West Suffolk	4:56.18
3 Harrison, Heath	13 Stowmarket	5:00.52
4 Davies, Diggory	13 Deben	5:14.48
5 Long, Ethan	13 Stowmarket	5:26.64

**Event 114 Boys 14 Year Olds 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Butt, Oliver	14 Deben	4:54.05
2 Allberry, James	14 Stowmarket	5:01.31
3 Lupsa, David	14 West Suffolk	5:45.98
4 Thornton-Coates, James	14 Deben	5:56.92

**Event 114 Boys 15 & Over 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Kirk, Thomas	15 Leiston	4:45.04
2 Hale, Oliver	26 Stowmarket	4:51.61
3 Young, Owen	17 Felixstowe	5:01.21
4 Thompson, Angus	15 Leiston	5:12.97
5 Shopland, Kain	15 Deben	5:29.94

**Event 201 Girls 9 Year Olds 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Moody, Lauren	9 Teamipswich	1:37.43
2 Garner, Emily	9 Stowmarket	2:00.14
--- Locke, Gracie	9 Stowmarket	DQ

4.4 Initiating a start before the signal

**Event 201 Girls 10 Year Olds 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Nowell, Molly	10 Stowmarket	1:23.87
2 Vinter, Ivy	10 Teamipswich	1:26.27
3 Cooney, Gabriella	10 Leiston	1:29.71
4 Shemmings, Olivia	10 Deben	1:30.42
5 Pendleton, Thea	10 West Suffolk	1:34.43
6 Forrest, Serena	10 Stowmarket	1:34.90
7 Rees, Thea	10 West Suffolk	1:35.51
8 Convey, Audrey	10 Stowmarket	1:37.59
9 Letts, Vivienne	10 Deben	1:38.20
10 Wilmot, Abigail	10 Teamipswich	1:39.10
11 Gibson, Jessica	10 Deben	1:40.36
12 Wright, Poppy	10 Stowmarket	1:47.75
13 Farrell, Maisie	10 Stowmarket	2:07.82

**Event 201 Girls 11 Year Olds 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Bryant, Olivia	11 Stowmarket	1:12.70
2 Jewers, Zara	11 Stowmarket	1:14.85

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**(Event 201 Girls 11 Year Olds 100 SC Meter Freestyle)**

Name	AgeTeam	Finals Time
3 Porter, Poppy	11 Teamipswich	1:17.63
4 Templer, Daisy	11 Stowmarket	1:22.50
5 Dockerill, Abbie	11 West Suffolk	1:24.60
6 Perkins, Emelia	11 Stowmarket	1:29.38
7 Tydeman, Martha	11 Stowmarket	1:29.65
8 Thomas, Harriet	11 Felixstowe	1:31.75
9 Crisp, Cara	11 Deben	1:32.69
10 Welham, Freya	11 Stowmarket	1:33.75

**Event 201 Girls 12 Year Olds 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Snowden, Nellie	12 Deben	1:11.82
2 Johnys, Anna	12 Teamipswich	1:12.90
3 Glennon, Amelia	12 Leiston	1:16.73
4 Copping, Mia	12 West Suffolk	1:18.80
5 Gibson, Philippa	12 Deben	1:21.25
6 Vinter, Emilia	12 Teamipswich	1:22.77
7 Crane, Abbie	12 Deben	1:26.62
8 Long, Nancy	12 Stowmarket	1:38.78
9 Davey, Ella-Mai	12 Stowmarket	2:05.13
--- Squirrel, Orla	12 Teamipswich	DQ
4.4 Initiating a start before the signal		

**Event 201 Girls 13 Year Olds 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Wan, Anabelle	13 Deben	1:11.30
2 Boxall-Hunt, Isabella	13 Stowmarket	1:27.52

**Event 201 Girls 14 Year Olds 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Catchpole, Charlotte	14 Leiston	1:08.73
2 Phillips, Lucy	14 Deben	1:11.07
3 Lamb, Livia	14 Leiston	1:13.93
4 Crane, Erin	14 Deben	1:18.66
5 Smith, Hannah	14 Felixstowe	1:19.15

**Event 201 Girls 15 & Over 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Barber, Francesca	15 Stowmarket	1:01.80
2 Catchpole, Ellie	18 Leiston	1:04.29
3 Davies, Florence	16 Deben	1:04.85
4 Lashmar, Jemima	15 Teamipswich	1:05.13
5 Dring, Lilley	15 Deben	1:05.48
6 Richardson, May	16 Stowmarket	1:06.03
7 Broad, Kiera	16 West Suffolk	1:07.12
8 Walker, Katie	16 Deben	1:07.35
9 Whyte, Olivia	18 Stowmarket	1:09.02
10 Howden, Elizabeth	15 West Suffolk	1:09.39
11 Ahmed, Juhayna	15 Bark & Dagen	1:10.12
12 Bingham, Poppy	18 Stowmarket	1:11.35
13 McTaggart, Abbi	15 Deben	1:11.63
14 Dockerill, Chloe	15 West Suffolk	1:12.68
15 Fox, Pheobe	15 Stowmarket	1:19.42
16 Powell, Leah	15 Deben	1:21.02

**Event 202 Boys 9 Year Olds 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Lillistone, Joshua	9 Teamipswich	1:23.51

2 Allberry, Henry	9 Stowmarket	1:33.24
3 Ashford, Elliott	9 Stowmarket	1:38.51
4 Durrant-Gwilliam, Joel	9 Stowmarket	1:43.74
5 Jewers, Zachary	9 Stowmarket	1:47.61
6 Horn, Daniel	9 West Suffolk	1:52.52

**Event 202 Boys 10 Year Olds 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Alexander, Jack	10 Teamipswich	1:16.43
2 Lewis, Benjamin	10 Teamipswich	1:27.03
3 Moloney, Kian	10 Teamipswich	1:28.70
4 Gadie, Harrison	10 Stowmarket	1:31.15
5 Wedgwood, Maximus	10 Stowmarket	1:43.11
--- Grant, Ethan	10 Stowmarket	DQ
4.4 Initiating a start before the signal		

**Event 202 Boys 11 Year Olds 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Fox, Jake	11 Stowmarket	1:15.68
2 Scrivener, Thomas	11 Leiston	1:20.89
3 Thompson, Elliott	11 Stowmarket	1:21.91
4 Brown, Felix	11 West Suffolk	1:24.70
5 Long, Alex	11 Stowmarket	1:25.03
6 Smith, Daniel	11 Stowmarket	1:36.01
7 Kings, Logan	11 Teamipswich	1:42.55

**Event 202 Boys 12 Year Olds 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Letts, George	12 Deben	1:06.53
2 Evans, Daniel	12 Deben	1:11.53
3 Splawiec, Krzysztof	12 Teamipswich	1:16.20
4 Allberry, Edward	12 Stowmarket	1:19.12
5 Barnard, Joshua	12 Stowmarket	1:21.13
6 Gaweda, Dominic	12 Deben	1:22.05
7 Wagrowski, Mateusz	12 Teamipswich	1:35.55

**Event 202 Boys 13 Year Olds 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Levell, Richard	13 West Suffolk	1:06.18
2 Harrison, Rex	13 Stowmarket	1:07.50
3 Thompson, Alfie	13 Leiston	1:10.99
4 Thompson, Ted	13 Leiston	1:11.52
5 Everett, James	13 West Suffolk	1:15.85
6 Ilie, Nathanel	13 Felixstowe	1:19.40
7 Wilcox, Ewan	13 Felixstowe	1:19.86
8 Thomas, Toby	13 Felixstowe	1:20.15
9 Thornton-Coates, Luke	13 Deben	1:25.99

**Event 202 Boys 14 Year Olds 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Hall, Haiden	14 Deben	55.45
2 Butt, Oliver	14 Deben	1:02.73
3 Allberry, James	14 Stowmarket	1:05.64
4 Smith-Hilton, Sam	14 Deben	1:07.54
5 Lupsa, David	14 West Suffolk	1:14.53
6 Thornton-Coates, James	14 Deben	1:21.09

**Event 202 Boys 15 & Over 100 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Osborne, Jack	17 Deben	53.87



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**(Event 202 Boys 15 & Over 100 SC Meter Freestyle)**

Name	Age	Team	Finals Time
2 Spelman, Thomas	17	Stowmarket	57.37
3 Korstanje, Emiel	16	West Suffolk	58.28
4 Rowland, Alfie	15	Stowmarket	59.45
5 Ruffles-Francis, Teilo	16	Stowmarket	59.84
6 Matuszek, Antoni	18	Deben	1:00.11
7 Ruffles-Francis, Vaughn	19	Stowmarket	1:00.71
8 Thompson, Angus	15	Leiston	1:01.04
9 Barber, Nicholas	17	Stowmarket	1:01.70
10 Souto Hill, Luis	15	March	1:03.31
11 Kirk, Thomas	15	Leiston	1:03.42
12 Foster, Matthew	16	Leiston	1:03.67
13 Shopland, Kain	15	Deben	1:05.61
14 Jones, Lewis	15	West Suffolk	1:06.30
15 Hydes, Landon	15	West Suffolk	1:08.86
16 Ilcevic, Artemij	15	Deben	1:13.24
17 Boxall-Hunt, Roman	15	Stowmarket	1:13.54

**Event 203 Girls 10 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Mann, Grace	10	Teamipswich	2:59.11
2 Alexander, Sophie	10	Teamipswich	3:25.49
3 Nowell, Molly	10	Stowmarket	3:26.12

**Event 203 Girls 11 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Tydeman, Martha	11	Stowmarket	3:22.40
2 Hill, Lyla	11	Mildenhall	3:32.83

**Event 203 Girls 12 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Butt, Emilia	12	Deben	2:47.38
2 Williams, Grace	12	Deben	2:57.93
3 Glennon, Amelia	12	Leiston	3:11.27

**Event 203 Girls 13 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Staton, Isla	13	March	2:42.13

**Event 203 Girls 14 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Smith, Hannah	14	Felixstowe	3:15.01

**Event 203 Girls 15 & Over 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Crawley, Bethany	16	Felixstowe	2:34.40
2 Brown, Rebecca	17	West Suffolk	2:40.41
3 Creasy, Charlotte	16	West Suffolk	2:40.54
4 Lashmar, Jemima	15	Teamipswich	2:41.34
5 Harrison, Amelie	15	Stowmarket	2:43.77
6 Haselwood, Erin	15	Stowmarket	2:57.87

**Event 204 Boys 10 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Lewis, Benjamin	10	Teamipswich	3:10.22
2 Gadie, Harrison	10	Stowmarket	3:27.91

**Event 204 Boys 11 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Long, Alex	11	Stowmarket	3:26.73

**Event 204 Boys 12 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Engle, Christopher	12	Deben	2:43.96
2 Mozes, Aron	12	Teamipswich	2:56.86
3 Allberry, Edward	12	Stowmarket	3:08.77
4 Creasy, Oliver	12	West Suffolk	3:20.12
--- Widdicks, Albert	12	West Suffolk	DQ
6.4 Did not start executing the turn immediately after turning onto the brea			

**Event 204 Boys 13 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Davies, Diggory	13	Deben	2:35.78
2 Harrison, Rex	13	Stowmarket	2:39.62
3 Richardson, George	13	Mildenhall	3:03.14
--- Winterburn, Dexter	13	Teamipswich	DQ
6.5 Did not finish the race while on the back			

**Event 204 Boys 14 Year Olds 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Lupsa, David	14	West Suffolk	3:00.92

**Event 204 Boys 15 & Over 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Young, Owen	17	Felixstowe	2:31.27
2 Broadhurst, Logan	16	Deben	2:47.32

**Event 205 Girls 9 Year Olds 100 SC Meter IM**

Name	Age	Team	Finals Time
1 Locke, Gracie	9	Stowmarket	1:48.20

**Event 205 Girls 10 Year Olds 100 SC Meter IM**

Name	Age	Team	Finals Time
1 Mann, Grace	10	Teamipswich	1:36.76
2 Vinter, Ivy	10	Teamipswich	1:37.80
3 Rees, Thea	10	West Suffolk	1:45.80
4 Ramsey, Alexis	10	Teamipswich	1:45.92
5 Nowell, Molly	10	Stowmarket	1:47.89
6 Pendleton, Thea	10	West Suffolk	1:48.51
7 Richardson, Poppy	10	Mildenhall	1:49.00
8 Letts, Vivienne	10	Deben	1:50.31
9 Cooney, Gabriella	10	Leiston	1:51.29
10 Forrest, Serena	10	Stowmarket	1:51.51
11 Convey, Audrey	10	Stowmarket	1:52.37
12 Long, Hattie	10	Stowmarket	1:53.51

**Event 205 Girls 11 Year Olds 100 SC Meter IM**

Name	Age	Team	Finals Time
1 Robertson, Bella	11	Stowmarket	1:24.75
2 Jewers, Zara	11	Stowmarket	1:25.15
3 Templer, Daisy	11	Stowmarket	1:28.34
4 Porter, Poppy	11	Teamipswich	1:30.10
5 Tydeman, Martha	11	Stowmarket	1:38.00
6 Dockerill, Abbie	11	West Suffolk	1:38.87
7 Hunt, Nancy	11	Stowmarket	1:41.74
8 Brewster, Florence	11	Stowmarket	1:42.15
9 Taylor, Tilly	11	West Suffolk	1:43.91
10 Thomas, Harriet	11	Felixstowe	1:44.26
11 Welham, Freya	11	Stowmarket	1:46.78

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**(Event 205 Girls 11 Year Olds 100 SC Meter IM)**

Name	AgeTeam	Finals Time
--- Crisp, Cara	11 Deben	DQ
9.4 Finish of section not in accordance with rule of the stroke concerned (cc		

**Event 205 Girls 12 Year Olds 100 SC Meter IM**

Name	AgeTeam	Finals Time
1 Butt, Emilia	12 Deben	1:22.95
2 Johnys, Anna	12 Teamipswich	1:24.81
3 Glennon, Amelia	12 Leiston	1:26.81
4 McTaggart, Elinor	12 Deben	1:28.53
5 Copping, Mia	12 West Suffolk	1:30.02
6 Gibson, Philippa	12 Deben	1:34.01
--- Squirrell, Orla	12 Teamipswich	DQ
7.5 Feet not turned out during propulsive part of the kick - breast		

**Event 205 Girls 13 Year Olds 100 SC Meter IM**

Name	AgeTeam	Finals Time
1 Jacquet, Maelys	13 Deben	1:16.33
2 Kirk, Betsy	13 Leiston	1:18.87
3 Wan, Anabelle	13 Deben	1:24.47
4 Boxall-Hunt, Isabella	13 Stowmarket	1:40.58

**Event 205 Girls 14 Year Olds 100 SC Meter IM**

Name	AgeTeam	Finals Time
1 Catchpole, Charlotte	14 Leiston	1:20.13
2 Lamb, Livia	14 Leiston	1:28.76
3 Nicolson, Kate	14 Deben	1:30.30
4 Crane, Erin	14 Deben	1:33.54
5 Smith, Hannah	14 Felixstowe	1:34.63

**Event 205 Girls 15 & Over 100 SC Meter IM**

Name	AgeTeam	Finals Time
1 Barber, Francesca	15 Stowmarket	1:13.30
2 Brown, Rebecca	17 West Suffolk	1:14.71
3 Whyte, Olivia	18 Stowmarket	1:18.39
4 Howden, Elizabeth	15 West Suffolk	1:20.26
5 Barrett, Sophie	22 Stowmarket	1:20.50
6 Walker, Katie	16 Deben	1:21.53
7 Dring, Lilley	15 Deben	1:22.83
8 Bingham, Poppy	18 Stowmarket	1:23.19
9 McTaggart, Abbi	15 Deben	1:29.44
10 Powell, Leah	15 Deben	1:36.93

**Event 206 Boys 9 Year Olds 100 SC Meter IM**

Name	AgeTeam	Finals Time
1 Lillistone, Joshua	9 Teamipswich	1:38.30
2 Durrant-Gwilliam, Joel	9 Stowmarket	1:47.71
--- Jewers, Zachary	9 Stowmarket	DQ
8.3 Breaststroke kicking movement - fly		

**Event 206 Boys 10 Year Olds 100 SC Meter IM**

Name	AgeTeam	Finals Time
1 Alexander, Jack	10 Teamipswich	1:28.71
2 Gadie, Harrison	10 Stowmarket	1:40.59
3 Lewis, Benjamin	10 Teamipswich	1:41.63
4 Wedgwood, Maximus	10 Stowmarket	2:00.85
--- Grant, Ethan	10 Stowmarket	DQ
8.2 Arms not brought forward simultaneously over the water - fly		

--- Moloney, Kian	10 Teamipswich	DQ
8.2 Arms not brought forward simultaneously over the water - fly		

**Event 206 Boys 11 Year Olds 100 SC Meter IM**

Name	AgeTeam	Finals Time
1 Fox, Jake	11 Stowmarket	1:28.43
2 Brown, Jude	11 West Suffolk	1:31.73
3 Thompson, Elliott	11 Stowmarket	1:32.32
4 Brown, Felix	11 West Suffolk	1:35.52
5 Long, Alex	11 Stowmarket	1:37.95
6 Smith, Daniel	11 Stowmarket	1:51.68

**Event 206 Boys 12 Year Olds 100 SC Meter IM**

Name	AgeTeam	Finals Time
1 Letts, George	12 Deben	1:17.87
2 Harrison, Evan	12 Teamipswich	1:25.35
3 Evans, Daniel	12 Deben	1:27.25
4 Splawiec, Krzysztof	12 Teamipswich	1:29.96
5 Allberry, Edward	12 Stowmarket	1:34.30
6 Barnard, Joshua	12 Stowmarket	1:35.59
7 Creasy, Oliver	12 West Suffolk	1:37.70
--- Wagrowski, Mateusz	12 Teamipswich	DQ
6.4 Not on the back upon leaving the wall after the turn - back		

**Event 206 Boys 13 Year Olds 100 SC Meter IM**

Name	AgeTeam	Finals Time
1 Harrison, Heath	13 Stowmarket	1:17.72
2 Vidal-Greenwood, Harry	13 West Suffolk	1:20.99
3 Winterburn, Dexter	13 Teamipswich	1:23.40
4 Ilie, Nathanel	13 Felixstowe	1:35.24
--- Thompson, Alfie	13 Leiston	DQ
7.5 Feet not turned out during propulsive part of the kick - breast		

**Event 206 Boys 14 Year Olds 100 SC Meter IM**

Name	AgeTeam	Finals Time
1 Allberry, James	14 Stowmarket	1:17.26
2 Jackson, Cameron	14 Deben	1:17.65
3 Smith-Hilton, Sam	14 Deben	1:20.07
4 Alderson, Kieron	14 Mildenhall	1:20.84
5 Lupsa, David	14 West Suffolk	1:24.52
--- Tolputt, Oscar	14 Deben	DQ
9.4 Finish of section not in accordance with rule of the stroke concerned (cc		

**Event 206 Boys 15 & Over 100 SC Meter IM**

Name	AgeTeam	Finals Time
1 Chapman, Lewis	23 Stowmarket	1:02.45
2 Osborne, Jack	17 Deben	1:04.34
3 Spelman, Thomas	17 Stowmarket	1:04.48
4 Bashford, Riley	18 Deben	1:04.77
5 Tolputt, Samuel	18 Deben	1:08.43
6 Rowland, Alfie	15 Stowmarket	1:08.49
7 Blagg, Finlay	15 Stowmarket	1:08.64
8 Matuszek, Antoni	18 Deben	1:09.05
9 Korstanje, Emiel	16 West Suffolk	1:10.43
10 Wallace, Henry	17 Stowmarket	1:13.76
11 Kirk, Thomas	15 Leiston	1:13.95
12 Broadhurst, Logan	16 Deben	1:15.48
13 Bamford, Harry	16 Leiston	1:17.15
14 Hydes, Landon	15 West Suffolk	1:18.00
15 Ilcevic, Artemij	15 Deben	1:26.66

## No Frills Open Meet - 14/12/2024 to 15/12/2024

## Results

## Event 207 Girls 9 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Harrison, Ivy	9 Deben	56.16
2 Locke, Gracie	9 Stowmarket	56.37
3 Vasiljeva, Ekaterina	9 Deben	57.61
4 Moody, Lauren	9 Teamipswich	58.16
5 Wysocki, Bella	9 Stowmarket	1:01.21
6 Garner, Emily	9 Stowmarket	1:11.30
--- Cragg, Molly	9 Stowmarket	DQ

7.6 Did not touch at the turn or finish with both hands; separated; simultan

## Event 207 Girls 10 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Rees, Thea	10 West Suffolk	49.94
2 Alexander, Sophie	10 Teamipswich	50.84
3 Mann, Grace	10 Teamipswich	52.10
4 Ramsey, Alexis	10 Teamipswich	52.69
5 Pendleton, Thea	10 West Suffolk	53.78
6 Vinter, Ivy	10 Teamipswich	55.91
7 Nowell, Molly	10 Stowmarket	57.47
8 Convey, Audrey	10 Stowmarket	57.82
9 Gibson, Jessica	10 Deben	58.22
10 Westcott, Matilda	10 Stowmarket	58.85
11 Letts, Vivienne	10 Deben	1:00.50
12 Long, Hattie	10 Stowmarket	1:00.88
13 Shemmings, Olivia	10 Deben	1:00.93
14 Perincek-Way, Venice	10 Stowmarket	1:01.76
15 Wright, Poppy	10 Stowmarket	1:04.27
16 Forrest, Serena	10 Stowmarket	1:04.30
17 Farrell, Maisie	10 Stowmarket	1:16.92
--- Wilmot, Abigail	10 Teamipswich	DQ

7.1 Head did not break the surface before the hands turned inward at the w

## Event 207 Girls 11 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Bryant, Olivia	11 Stowmarket	42.82
2 Robertson, Bella	11 Stowmarket	43.48
3 Templer, Daisy	11 Stowmarket	43.63
4 Jewers, Zara	11 Stowmarket	46.13
5 Phillipot, Phoebe	11 Teamipswich	47.11
6 Welham, Freya	11 Stowmarket	50.42
7 Brewster, Florence	11 Stowmarket	50.83
8 Tydeman, Martha	11 Stowmarket	52.97
9 Clark, Ivy-Rose	11 Felixstowe	53.16
10 Sadler, Chloe	11 CO Norwich	54.02
11 Hunt, Nancy	11 Stowmarket	55.68
12 Taylor, Tilly	11 West Suffolk	59.53

## Event 207 Girls 12 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Snowden, Nellie	12 Deben	40.99
2 Johnys, Anna	12 Teamipswich	42.52
3 McTaggart, Elinor	12 Deben	44.23
4 Glennon, Amelia	12 Leiston	45.65
5 May, Emily	12 Leiston	50.64
6 Gibson, Philippa	12 Deben	50.67
7 Crane, Abbie	12 Deben	54.07
8 Long, Nancy	12 Stowmarket	57.34

9 Davey, Ella-Mai 12 Stowmarket 1:23.93

## Event 207 Girls 13 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Kirk, Betsy	13 Leiston	41.64
2 Staton, Isla	13 March	42.35
3 Murphy, Olivia	13 Deben	43.71
4 Thompson, Tatiana	13 Leiston	43.91
5 Boxall-Hunt, Isabella	13 Stowmarket	55.91

## Event 207 Girls 14 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Lloyd, Gracie-Mai	14 Mildenhall	45.40
2 Nicolson, Kate	14 Deben	45.75

## Event 207 Girls 15 &amp; Over 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Catchpole, Ellie	18 Leiston	36.80
2 Broad, Kiera	16 West Suffolk	37.58
3 Davies, Florence	16 Deben	39.48
4 Dring, Lilley	15 Deben	40.26
5 Harrison, Amelie	15 Stowmarket	41.20
6 Bingham, Poppy	18 Stowmarket	41.23
7 Howden, Elizabeth	15 West Suffolk	41.49
8 Richardson, May	16 Stowmarket	43.64
9 Benion, Eden	15 Mildenhall	43.80
10 Ahmed, Juhayna	15 Bark & Dagen	44.75
11 Haselwood, Erin	15 Stowmarket	46.16
12 Fox, Pheobe	15 Stowmarket	46.31

## Event 208 Boys 9 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Wagrowski, Stanislaw	9 Teamipswich	51.48
2 Anwar, Daniel	9 Teamipswich	53.23
3 Durrant-Gwilliam, Joel	9 Stowmarket	55.54
4 Katkunas, Faustas	9 Teamipswich	56.21
5 Allberry, Henry	9 Stowmarket	56.26
6 Jewers, Zachary	9 Stowmarket	57.14
7 Ashford, Elliott	9 Stowmarket	59.33
8 Horn, Daniel	9 West Suffolk	1:03.99
9 Taylor, Harry	9 West Suffolk	1:17.38
--- Brown, Barnaby	9 West Suffolk	DQ

7.6 Did not touch at the turn or finish with both hands; separated; simultan

## Event 208 Boys 10 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Lewis, Benjamin	10 Teamipswich	52.62
2 Gadie, Harrison	10 Stowmarket	55.21
3 Wedgwood, Maximus	10 Stowmarket	1:06.68

## Event 208 Boys 11 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Scrivener, Thomas	11 Leiston	42.79
2 Long, Alex	11 Stowmarket	46.71
3 Brown, Jude	11 West Suffolk	47.20
4 Fox, Jake	11 Stowmarket	50.26
5 Thompson, Elliott	11 Stowmarket	51.09
6 Smith, Daniel	11 Stowmarket	57.61

## No Frills Open Meet - 14/12/2024 to 15/12/2024

## Results

## Event 208 Boys 12 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Letts, George	12 Deben	41.11
2 Mozes, Aron	12 Teamipswich	44.18
3 Splawiec, Krzysztof	12 Teamipswich	45.78
4 Engle, Christopher	12 Deben	45.95
5 Harrison, Evan	12 Teamipswich	46.61
6 Barnard, Joshua	12 Stowmarket	49.69
7 Wagrowski, Mateusz	12 Teamipswich	52.02
8 Allberry, Edward	12 Stowmarket	52.26

## Event 208 Boys 13 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Harrison, Rex	13 Stowmarket	38.40
2 Everett, James	13 West Suffolk	39.12
3 Davies, Diggory	13 Deben	40.91
4 Vidal-Greenwood, Harry	13 West Suffolk	43.28
5 Thomas, Toby	13 Felixstowe	45.15
6 Richardson, George	13 Mildenhall	46.07
7 Thornton-Coates, Luke	13 Deben	49.47
8 Wilcox, Ewan	13 Felixstowe	52.63
9 Ilie, Nathanel	13 Felixstowe	52.68

## Event 208 Boys 14 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Hall, Haiden	14 Deben	33.74
2 Butt, Oliver	14 Deben	39.10
3 Smith-Hilton, Sam	14 Deben	44.34
--- Thornton-Coates, James	14 Deben	DQ
4.4 Initiating a start before the signal		

## Event 208 Boys 15 &amp; Over 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Chapman, Lewis	23 Stowmarket	31.77
2 Ruffles-Francis, Vaughn	19 Stowmarket	32.57
3 Blagg, Finlay	15 Stowmarket	33.73
4 Ruffles-Francis, Teilo	16 Stowmarket	34.02
5 Tolputt, Samuel	18 Deben	34.70
6 Young, Owen	17 Felixstowe	35.58
7 Handley, William	22 Stowmarket	35.84
8 Matuszek, Antoni	18 Deben	35.91
9 Wallace, Henry	17 Stowmarket	36.34
10 Souto Hill, Luis	15 March	37.79
11 Korstanje, Emiel	16 West Suffolk	38.18
12 Shopland, Kain	15 Deben	39.47
13 Jones, Lewis	15 West Suffolk	40.73
14 Ilcevic, Artemij	15 Deben	41.25
15 Hydes, Landon	15 West Suffolk	43.84
16 Boxall-Hunt, Roman	15 Stowmarket	49.32

## Event 209 Girls 11 Year Olds 200 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Robertson, Bella	11 Stowmarket	3:46.07

## Event 209 Girls 12 Year Olds 200 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Stroud, Olivia	12 Hadleigh	3:06.95

## Event 209 Girls 15 &amp; Over 200 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Ahmed, Juhayna	15 Bark & Dagen	3:26.36

## Event 210 Boys 13 Year Olds 200 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Harrison, Heath	13 Stowmarket	2:49.10

## Event 210 Boys 14 Year Olds 200 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Allberry, James	14 Stowmarket	2:50.13

## Event 210 Boys 15 &amp; Over 200 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Broadhurst, Logan	16 Deben	2:55.46

## Event 301 Girls 11 Year Olds 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Bryant, Olivia	11 Stowmarket	1:28.30
2 Phillpot, Phoebe	11 Teamipswich	1:36.11
3 Tydeman, Martha	11 Stowmarket	1:47.02
4 Hunt, Nancy	11 Stowmarket	1:47.36

## Event 301 Girls 13 Year Olds 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Murphy, Olivia	13 Deben	1:15.72
2 Staton, Isla	13 March	1:17.28
3 Jacquet, Maelys	13 Deben	1:17.48
4 Boxall-Hunt, Isabella	13 Stowmarket	1:51.83
--- Armstrong, Emilia	13 Stowmarket	DQ
8.3 Alternating movement of legs or feet		

## Event 301 Girls 15 &amp; Over 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Barrett, Sophie	22 Stowmarket	1:19.22
2 Harrison, Amelie	15 Stowmarket	1:19.60
3 Richardson, May	16 Stowmarket	1:23.06
4 Ahmed, Juhayna	15 Bark & Dagen	1:28.76

## Event 302 Boys 11 Year Olds 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Brown, Felix	11 West Suffolk	1:41.47
2 Thompson, Elliott	11 Stowmarket	1:43.21

## Event 302 Boys 12 Year Olds 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Allberry, Edward	12 Stowmarket	1:55.13
--- Widdicks, Albert	12 West Suffolk	DQ
8.3 Alternating movement of legs or feet		

## Event 302 Boys 13 Year Olds 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Harrison, Heath	13 Stowmarket	1:21.27
2 Vidal-Greenwood, Harry	13 West Suffolk	1:22.07
3 Thompson, Ted	13 Leiston	1:22.25
4 Thompson, Alfie	13 Leiston	1:30.07

## Event 302 Boys 14 Year Olds 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Alderson, Kieron	14 Mildenhall	1:17.69

## No Frills Open Meet - 14/12/2024 to 15/12/2024

## Results

## Event 302 Boys 15 &amp; Over 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Osborne, Jack	17 Deben	1:00.80
2 Rowland, Alfie	15 Stowmarket	1:05.53
3 Tolputt, Samuel	18 Deben	1:06.06
4 Kirk, Thomas	15 Leiston	1:13.22
5 Foster, Matthew	16 Leiston	1:18.19
--- Boxall-Hunt, Roman	15 Stowmarket	DQ

8.2 Arms not brought forward simultaneously over the water

## Event 303 Girls 9 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Moody, Lauren	9 Teamipswich	42.46
2 Harrison, Ivy	9 Deben	44.05
3 Wysocki, Bella	9 Stowmarket	46.35
4 Smith, Kyla-Mae	9 Stowmarket	47.33
5 Vasiljeva, Ekaterina	9 Deben	49.14
6 Cragg, Molly	9 Stowmarket	51.08
7 Garner, Emily	9 Stowmarket	57.23

## Event 303 Girls 10 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Nowell, Molly	10 Stowmarket	38.20
2 Vinter, Ivy	10 Teamipswich	38.93
3 Ramsey, Alexis	10 Teamipswich	39.57
4 Richardson, Poppy	10 Mildenhall	41.05
5 Westcott, Matilda	10 Stowmarket	43.01
6 Long, Hattie	10 Stowmarket	44.25
7 Convey, Audrey	10 Stowmarket	44.47
8 Letts, Vivienne	10 Deben	44.54
9 Forrest, Serena	10 Stowmarket	44.95
10 Gibson, Jessica	10 Deben	47.30
11 Wright, Poppy	10 Stowmarket	48.29
12 Farrell, Maisie	10 Stowmarket	59.85

## Event 303 Girls 11 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Bryant, Olivia	11 Stowmarket	33.05
2 Jewers, Zara	11 Stowmarket	34.43
3 Welsford, Eloise	11 Deben	34.80
4 Rhodes, Leah	11 Felixstowe	36.66
5 Perkins, Emelia	11 Stowmarket	37.35
6 Dockerill, Abbie	11 West Suffolk	37.57
7 Templer, Daisy	11 Stowmarket	37.65
8 Welham, Freya	11 Stowmarket	38.61
9 Tydeman, Martha	11 Stowmarket	39.91
10 Brewster, Florence	11 Stowmarket	40.03
11 Clark, Ivy-Rose	11 Felixstowe	40.44
12 Hunt, Nancy	11 Stowmarket	42.09
13 Taylor, Tilly	11 West Suffolk	42.16
14 Proctor, Elsie	11 Stowmarket	56.28

## Event 303 Girls 12 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Mason, Isla	12 Stowmarket	31.77
2 Johnys, Anna	12 Teamipswich	32.02
3 Butt, Emilia	12 Deben	32.44
4 Snowden, Nellie	12 Deben	32.71
5 Payne, Ayda	12 West Suffolk	32.89

6 Williams, Grace	12 Deben	32.93
7 McTaggart, Elinor	12 Deben	33.72
8 Vinter, Emilia	12 Teamipswich	36.42
9 Gibson, Philippa	12 Deben	37.68
10 Crane, Abbie	12 Deben	39.47
11 May, Emily	12 Leiston	42.10
12 Long, Nancy	12 Stowmarket	44.77
13 Davey, Ella-Mai	12 Stowmarket	58.36

## Event 303 Girls 13 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Jacquet, Maelys	13 Deben	29.64
2 Armstrong, Emilia	13 Stowmarket	31.01
3 Kirk, Betsy	13 Leiston	31.38
4 Murphy, Olivia	13 Deben	31.66
5 Staton, Isla	13 March	32.58
6 Wan, Anabelle	13 Deben	32.96
7 Boxall-Hunt, Isabella	13 Stowmarket	38.54

## Event 303 Girls 14 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Walker, Lucy	14 Deben	29.89
2 Catchpole, Charlotte	14 Leiston	30.72
3 Phillips, Lucy	14 Deben	31.24
4 Lamb, Livia	14 Leiston	33.01
5 Nicolson, Kate	14 Deben	33.99
6 Crane, Erin	14 Deben	35.52

## Event 303 Girls 15 &amp; Over 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Catchpole, Ellie	18 Leiston	29.36
2 Dring, Lilley	15 Deben	29.40
3 Brown, Rebecca	17 West Suffolk	29.88
4 Davies, Florence	16 Deben	29.99
5 Lashmar, Jemima	15 Teamipswich	30.07
6 Wallace, Francesca	27 Stowmarket	30.18
7 Harrison, Amelie	15 Stowmarket	30.55
8 Richardson, May	16 Stowmarket	30.57
9 Walker, Katie	16 Deben	30.72
10 Pawle, Madeline	18 Leiston	30.76
11 Whyte, Olivia	18 Stowmarket	31.22
12 Howden, Elizabeth	15 West Suffolk	31.94
13 Bingham, Poppy	18 Stowmarket	32.29
14 Barrett, Sophie	22 Stowmarket	32.46
15 Haselwood, Erin	15 Stowmarket	32.57
16 McTaggart, Abbi	15 Deben	32.58
17 Ahmed, Juhayna	15 Bark & Dagen	32.63
18 Benion, Eden	15 Mildenhall	35.49
19 Powell, Leah	15 Deben	37.44

## Event 304 Boys 9 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Lillistone, Joshua	9 Teamipswich	36.26
2 Levell, Tom	9 West Suffolk	39.48
3 Allberry, Henry	9 Stowmarket	40.73
4 Wagrowski, Stanislaw	9 Teamipswich	42.31
5 Anwar, Daniel	9 Teamipswich	42.82
6 Ashford, Elliott	9 Stowmarket	42.83
7 Jewers, Zachary	9 Stowmarket	45.30

## No Frills Open Meet - 14/12/2024 to 15/12/2024

## Results

**(Event 304 Boys 9 Year Olds 50 SC Meter Freestyle)**

Name	AgeTeam	Finals Time
8 Durrant-Gwilliam, Joel	9 Stowmarket	46.48
9 Brown, Barnaby	9 West Suffolk	54.94
10 Taylor, Harry	9 West Suffolk	1:00.98

**Event 304 Boys 10 Year Olds 50 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Lewis, Benjamin	10 Teamipswich	36.49
2 Gadie, Harrison	10 Stowmarket	39.52
3 Wedgwood, Maximus	10 Stowmarket	43.39
4 Grant, Ethan	10 Stowmarket	48.22

**Event 304 Boys 11 Year Olds 50 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Fox, Jake	11 Stowmarket	33.47
2 Thompson, Elliott	11 Stowmarket	36.07
3 Long, Alex	11 Stowmarket	36.29
4 Scrivener, Thomas	11 Leiston	36.40
5 Brown, Jude	11 West Suffolk	36.70
6 Brown, Felix	11 West Suffolk	37.66
7 Kings, Logan	11 Teamipswich	46.25

**Event 304 Boys 12 Year Olds 50 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Letts, George	12 Deben	30.09
2 Evans, Daniel	12 Deben	32.75
3 Mozes, Aron	12 Teamipswich	33.67
4 Splawiec, Krzysztof	12 Teamipswich	33.70
5 Harrison, Evan	12 Teamipswich	34.08
6 Creasy, Oliver	12 West Suffolk	35.26
7 Allberry, Edward	12 Stowmarket	35.64
8 Barnard, Joshua	12 Stowmarket	36.40

**Event 304 Boys 13 Year Olds 50 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Davies, Diggory	13 Deben	29.80
2 Levell, Richard	13 West Suffolk	30.31
3 Harrison, Rex	13 Stowmarket	31.50
4 Thompson, Ted	13 Leiston	31.76
5 Thompson, Alfie	13 Leiston	32.31
6 Richardson, George	13 Mildenhall	33.20
7 Ilie, Nathanel	13 Felixstowe	34.68
8 Wilcox, Ewan	13 Felixstowe	36.59
9 Thornton-Coates, Luke	13 Deben	36.98

**Event 304 Boys 14 Year Olds 50 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Hall, Haiden	14 Deben	25.33
2 Allberry, James	14 Stowmarket	28.64
3 Butt, Oliver	14 Deben	28.81
4 Tolputt, Oscar	14 Deben	30.26
5 Jackson, Cameron	14 Deben	30.59
6 Thornton-Coates, James	14 Deben	35.19

**Event 304 Boys 15 & Over 50 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Osborne, Jack	17 Deben	25.11
2 Chapman, Lewis	23 Stowmarket	25.28
3 Blagg, Finlay	15 Stowmarket	26.34

*4 Pawle, Finley	22 Leiston	26.91
*4 Korstanje, Emiel	16 West Suffolk	26.91
6 Ruffles-Francis, Vaughn	19 Stowmarket	27.07
7 Matuszek, Antoni	18 Deben	27.27
8 Handley, William	22 Stowmarket	27.62
9 Tolputt, Samuel	18 Deben	27.86
10 Souto Hill, Luis	15 March	28.04
11 Thompson, Angus	15 Leiston	28.43
12 Foster, Matthew	16 Leiston	28.74
*13 Kirk, Thomas	15 Leiston	29.62
*13 Bamford, Harry	16 Leiston	29.62
15 Young, Owen	17 Felixstowe	29.65
16 Broadhurst, Logan	16 Deben	30.04
17 Jones, Lewis	15 West Suffolk	30.06
18 Ilcevic, Artemij	15 Deben	34.37
19 Boxall-Hunt, Roman	15 Stowmarket	34.86

**Event 305 Girls 9 Year Olds 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Vasiljeva, Ekaterina	9 Deben	4:20.62

**Event 305 Girls 10 Year Olds 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Pendleton, Thea	10 West Suffolk	4:05.37
2 Herring, Elsa	10 Leiston	4:09.10
--- Forrest, Serena	10 Stowmarket	DQ

7.1 More than one butterfly kick prior to first breaststroke kick after the sta

**Event 305 Girls 11 Year Olds 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Robertson, Bella	11 Stowmarket	3:17.53
2 Templer, Daisy	11 Stowmarket	3:25.22
3 Jewers, Zara	11 Stowmarket	3:39.39
4 Brewster, Florence	11 Stowmarket	3:55.49
5 Welham, Freya	11 Stowmarket	4:12.48
--- Rhodes, Leah	11 Felixstowe	DQ

7.6 Did not touch at the turn or finish with both hands; separated; simultan

**Event 305 Girls 12 Year Olds 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Johnys, Anna	12 Teamipswich	3:28.46
2 Snowden, Nellie	12 Deben	3:34.73
3 Copping, Mia	12 West Suffolk	3:39.87
4 McTaggart, Elinor	12 Deben	3:42.26
5 Gibson, Philippa	12 Deben	3:50.99
6 Long, Nancy	12 Stowmarket	4:22.72

**Event 305 Girls 13 Year Olds 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Staton, Isla	13 March	3:17.03
2 Thompson, Tatiana	13 Leiston	3:29.37

**Event 305 Girls 14 Year Olds 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Mutton, Grace	14 Deben	2:53.90
2 Nicolson, Kate	14 Deben	3:37.10
--- Copping, Brooke	14 West Suffolk	DQ

7.6 Did not touch at the turn or finish with both hands; separated; simultan

## No Frills Open Meet - 14/12/2024 to 15/12/2024

## Results

**Event 305 Girls 15 & Over 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Brown, Rebecca	17 West Suffolk	3:03.97
2 Wallace, Francesca	27 Stowmarket	3:08.84
3 Bingham, Poppy	18 Stowmarket	3:22.10

**Event 306 Boys 9 Year Olds 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Jewers, Zachary	9 Stowmarket	4:31.58

**Event 306 Boys 10 Year Olds 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Gadie, Harrison	10 Stowmarket	4:07.32
2 Wedgwood, Maximus	10 Stowmarket	4:49.16

**Event 306 Boys 11 Year Olds 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Wilson, Elijah	11 Teamipswich	3:21.41
2 Scrivener, Thomas	11 Leiston	3:26.42
3 Brown, Jude	11 West Suffolk	3:34.73
4 Long, Alex	11 Stowmarket	3:45.28
5 Thompson, Elliott	11 Stowmarket	3:59.88

**Event 306 Boys 12 Year Olds 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Mozes, Aron	12 Teamipswich	3:26.41
2 Harrison, Evan	12 Teamipswich	3:28.96
3 Barnard, Joshua	12 Stowmarket	3:52.42

**Event 306 Boys 13 Year Olds 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Harrison, Rex	13 Stowmarket	2:59.32
2 Thornton-Coates, Luke	13 Deben	3:46.26

**Event 306 Boys 14 Year Olds 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Thornton-Coates, James	14 Deben	3:29.49

**Event 306 Boys 15 & Over 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Young, Owen	17 Felixstowe	2:48.45
2 Ruffles-Francis, Vaughn	19 Stowmarket	2:52.79
3 Souto Hill, Luis	15 March	3:06.23
4 Kirk, Thomas	15 Leiston	3:07.96
5 Ilcevic, Artemij	15 Deben	3:21.95

**Event 307 Girls 11 Year Olds 400 SC Meter IM**

Name	AgeTeam	Finals Time
1 Bryant, Olivia	11 Stowmarket	6:24.74
2 Robertson, Bella	11 Stowmarket	6:33.32
3 Tydeman, Martha	11 Stowmarket	7:27.35

**Event 307 Girls 12 Year Olds 400 SC Meter IM**

Name	AgeTeam	Finals Time
1 Mason, Isla	12 Stowmarket	6:09.51

**Event 307 Girls 13 Year Olds 400 SC Meter IM**

Name	AgeTeam	Finals Time
1 Armstrong, Emilia	13 Stowmarket	5:58.18

**Event 307 Girls 15 & Over 400 SC Meter IM**

Name	AgeTeam	Finals Time
1 Davies, Florence	16 Deben	5:37.61

**Event 308 Boys 12 Year Olds 400 SC Meter IM**

Name	AgeTeam	Finals Time
1 Allberry, Edward	12 Stowmarket	7:00.07

**Event 308 Boys 13 Year Olds 400 SC Meter IM**

Name	AgeTeam	Finals Time
1 Davies, Diggory	13 Deben	5:59.32
2 Harrison, Heath	13 Stowmarket	6:08.91

**Event 308 Boys 15 & Over 400 SC Meter IM**

Name	AgeTeam	Finals Time
1 Bashford, Riley	18 Deben	5:04.53
2 Ruffles-Francis, Teilo	16 Stowmarket	5:22.22
3 Rowland, Alfie	15 Stowmarket	5:30.41
4 Broadhurst, Logan	16 Deben	5:48.48